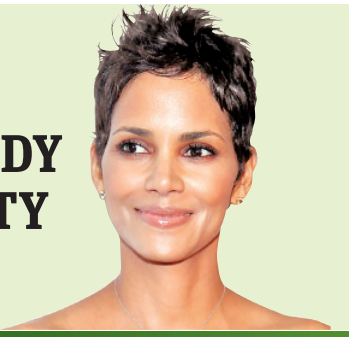
SIMPLE TO MAKE SPICY HOISIN BEEF INSTEAD OF CHINESE TAKEOUT {page 24}

BATTLE
HALLE'S CUSTODY SPAT GETS NASTY
DISH {page 20}



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News worth sharing.

DARRYL DYCK/THE CANADIAN PRESS

▶ A sled dog howls during a stop on a tour run by Outdoor Adventures Whistler in the Soo Valley north of Whistler on Monday.

Task force to probe dog deaths

SPCA says Whistler cull is just the tip of the iceberg

The provincial government has set up a task force to prevent the wholesale slaughter of dogs.

The nation has been rocked by allegations that a Whistler sled dog tourism company brutally killed 100 of their canines after business took a dip following the Olympics.

Yesterday, Premier Gordon Campbell announced that Kamloops-North Thompson MLA Terry Lake, a veterinarian by trade, will lead a government task force to review the circumstances of the deaths and prevent future cases of large-scale animal cruelty.

"As a veterinarian, I was shocked and saddened by the description of the terrible treatment these dogs were reported to have been subjected to," said Lake.

Details of the April 2010 cull have incited rage among animal advocates and the general public.

Demonstration rallies are being planned this weekend in Whistler and Vancouver.

Organizations such as Humane Society International Canada have called for stronger laws in the wake of the deaths.

The B.C. SPCA and Whistler RCMP are investigating the reports, which surfaced this week through a Workers' Compensation Board review document. Criminal charges against the employee accused of the killings and company, Outdoor Adventures Whistler, are being considered.

SPCA spokesperson Lorie Chortyk said the animal welfare group has long been opposed to sled dog tourism operations.

"People need to know there is a dark side to the sled dog tourism industry," she said. "Some of these operations have hundreds of animals that live on a two-foot leash and only get exercise when it's time to pull the sled. It's a horrific existence."

But many people in the sledding community are challenging the sweeping criticism.

Rob Bryce, a racer and member of the Prince George Sled Dog Club, owns 13 dogs and said he treats them like family.

"There are probably a few people that do cull their dogs, but in this day and age it's something that's not morally and ethically accepted," he said.

"I go to a lot of races and meet a lot of mushers and they all take great care of their dogs. Everyone in the business that I've talked to has been pretty saddened. These dogs run their hearts out for you day in and day out ... and to give them a bullet to the head is unthinkable." MATT KIELTYKA

Kung Hei Fat Choi!

Ring in the Lunar New Year with weeklong festivities {pages 26-28}

High pressure, high reward

Erin Cebula finds press junkets are no walk in the park {page 14}

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1 news

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The owner of the tour operator behind an alleged B.C. sled-dog slaughter says it didn't order the shootings. More at metronews.ca

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Puppy killer gets six months in jail

A six-month jail term has been handed to a man who pleaded guilty to beating a pit bull puppy to death in Victoria.

Brent Malcolm Connors will serve five months for the attack and another month for possessing a controlled substance.

He didn't own the three-month-old puppy and was taking care of it for someone else when the dog was beaten to death in a hotel room on New Year's Day.

Police say the attack was fuelled by drug and alcohol consumption.

THE CANADIAN PRESS

METRO FILE

▶ Adrian Dix

Dix aims to deep-six tax cuts

NDP leadership candidate Adrian Dix says the Liberal government should cancel big-business tax cuts worth hundreds of millions of dollars.

Dix says the Liberals cut corporate taxes three times since 2008 and shifted the tax burden on British Columbians through increases to medical service premium increases and long-term care fees.

THE CANADIAN PRESS

COURTESY OF PROVINCE OF B.C.

▶ A bulletproof automobile window.

Altered cars criminalized

- New law one of two that will target gangs, organized crime as of Feb. 1
- Gunshot and Stab Wound Disclosure Act now requires hospitals to report gunshot and stab wounds to police

KRISTEN THOMPSON
@METRONEWS.CA

Outfitting your car with bulletproof glass or secret compartments could now land you in jail.

The province yesterday introduced new legislation making it illegal for most people to drive cars with clandestine cubicles and armoured siding — features that, presumably, are needed only by gangsters.

"The only reason ... to add (these things) is to evade police or other criminals, or to hide guns, drugs or money," said Solicitor General Rich Coleman.

"This law establishes significant penalties and will work to discourage gang activity and organized crime," he said.

Those penalties include fines of up to $10,000 and as many as six months in jail.

People with what authorities deem a "reasonable need" to drive armoured cars have until May 1 to apply for an exemption permit and get a criminal record check.

RCMP Supt. Tonia Enger, president of the B.C. Association of Chiefs of Police, said gang members have "no right to hide behind armour" or conceal tools that help them carry out their illegal activities.

"(This) is one more tool to help us keep the public safe," Enger said.

VAG's hopes high on Cambie Street lot

City council unanimously agrees to set aside 2-acre lot downtown for future cultural development
Art Gallery already has $40M in private donations

MATT KIELTYKA
@METRONEWS.CA

Vancouver's proposed new cultural hub is one step closer to reality after city council agreed to set aside two acres of prime downtown real estate for cultural development.

The vote to set aside space for a potential new home for the Vancouver Art Gallery at 688 Cambie St. — a former Greyhound bus depot and Olympic Live Site — passed unanimously Tuesday night and allows the city and stakeholders to move to the next phase on planning.

In addition to the VAG, several groups are clamouring to be included in the plans, including the Vancouver Concert Hall & Theatre Society.

"There's lot of room there and the city needs a purpose built concert hall," said the society's chair, Ron Stern.

"We have to develop the site to include both, it's doable and necessary."

Ultimately, it will be up to the city to meet with all the groups that want a piece of the hub and decide what's feasible.

Tuesday's vote is especially monumental for the VAG, which has been looking for a new home since 2004 after outgrowing their current, iconic location at Robson Square.

VAG art director Kathleen Bartels told council that $40 million in private funding had been secured for the new home, on top of $50 million already committed from the government.

The approval allows the gallery to ramp up their fundraising efforts, she said, as $300 million is needed to build the new gallery.

If all goes smoothly and plans are firmed up, VAG chair David Aisenstat said ground could break at the lot within three years.

JEFF HODSON/METRO FILE

▶ The Vancouver Art Gallery was transformed into a work of art itself during the 2010 Olympics.

Man dies in Coquitlam mobile home fire

An elderly man has died after a fire broke out in a Coquitlam mobile home early yesterday morning.

The fire began in a trailer park on Cayer Avenue near Brunette and Schoolhouse just before 6 a.m.

Firefighters arrived to find the home fully engulfed in flames and managed to pull the victim from the home, but were unable to save his life, according to fire Chief Tony Delmonico.

Cause unknown

- No other homes were damaged.
- Investigators haven't determined the cause of the fire.
- The victim's name has not been released.

KRISTEN THOMPSON

SARAH N. FITZGERALD/FOR METRO

▶ A firefighter inspects the charred remains of a Coquitlam home that burned.

Autopsy identifies murdered teen girl

Police have identified a teenager found murdered in Burns Lake home as 17-year-old Chassidy Charlie.

Officers found Charlie after receiving a 911 call about an unconscious girl on the afternoon of Jan. 26.

An autopsy confirmed the teenager was murdered, but a cause of death has not been released.

"This file is a priority for us and our investigators are working very hard to move the investigation forward," said RCMP Sgt. Rob Vermeulen.

"We have a duty to the victim and her family to bring the person or persons responsible to justice."

Police say this is believed to be an isolated incident and not a random act.

METRO

WHISTLER PEAK DEALS

P.: Paul Morrison

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News in brief

Christy Clark sways on HST

Liberal leadership candidate Christy Clark said she is dropping her proposal for a free legislature vote on HST, after consulting with British Columbians. Clark now feels the tax needs to go to referendum, on June 24. NATALIE KAUR JOHAL

Pharmacy hit for methadone

Thieves made off with a substantial amount of narcotics, including methadone, after breaking into a Qualicum Beach pharmacy around 6 a.m. on Tuesday. Police estimate the street value of the stolen drugs is in the tens of thousands. NATALIE KAUR JOHAL

Another MP supports Falcon

Agriculture Minister Ben Stewart said yesterday he is in full support of Kevin Falcon's bid for leadership. According to Stewart, Falcon is the candidate most likely to grow B.C.'s economy. NATALIE KAUR JOHAL

'Snowshoe Grind' at Grouse Mountain

As a winter alternative to the infamous Grouse Grind, the mountain has opened a Snowshoe Grind. On average, the steep and snowy trail takes an hour to complete. NATALIE KAUR JOHAL

Body found in N. Vancouver

RCMP say foul play may be involved after the discovery of a body in a quiet neighbourhood in North Vancouver. Homicide investigators have been called in and police dog teams are searching the area. METRO

Homewreckers gets ball swinging

- It's 'priorities over pretty' on the fast-paced 30-minute TV show
- The team offers expertise and financial support to families ready to tackle their home improvement problems head-on

Kristi Hansen, the host of W network's new show Homewreckers, doesn't mind getting her hands dirty.

"I'm not dramatic, or an actress," said Hansen, during a break in shooting recently in Vancouver. "I was a plumber for 18 years, I'm really passionate about this."

Her assistant tries to apply lipstick between takes, but Hansen leans away and laughs, "there's no lipstick in construction!'

Homewreckers, which begins airing March 22, is unlike other home shows as it is based on repairs, not renovation.

"We're definitely different to what's already out there. We want families to treat their home like a family member," explained Hansen.

The show takes families who have ignored problems in their house — such as damp, mould and rotting — for years and are finally ready to tackle them.

The only thing they need is help, and that is where Hansen and the Homewreckers team step in, with expertise and financial support.

"It's tough for the family, but it's cool to see their relief when work starts and to take them through to the end."

ALEEZA KHAN

ALEEZA KHAN/FOR METRO

▶ Host Kristi Hansen prepares to demolish a garage in Vancouver.

Ready for some renos?

The show is looking for Vancouver families ready to face their neglected home repairs and get a bit dirty while at it.

▶ **Visit:** wnetwork.com and search Homewreckers for more information.

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Planets spotted with potential for alien life

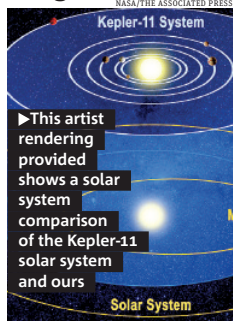
- Possible life forms include bacteria, mould
- More planets means greater odds of life existing

An orbiting NASA telescope is finding whole new worlds of possibilities in the search for alien life, including more than 50 potential planets that appear to be in the habitable zone.

In just a year of peering out at a small slice of the galaxy, the Kepler telescope has spotted 1,235 possible planets outside Earth's solar system. Amazingly, 54 of them seem to be in the zone that could be hospitable to life — that is, not too hot or too cold, Kepler chief scientist William Borucki said. Until now, only two planets outside Earth's solar system were even thought to be in the Goldilocks zone. And both those discoveries are highly disputed.

Fifty-four possibilities is "an enormous amount, an inconceivable amount," Borucki said. "It's amazing to see this huge number because up to now, we've had zero."

NASA/THE ASSOCIATED PRESS



▶This artist rendering provided shows a solar system comparison of the Kepler-11 solar system and ours

The more than 1,200 newfound bodies are not confirmed as planets yet, but Borucki estimates 80 per cent of them eventually will be verified. At least one other astronomer believes Kepler could be 90 per cent accurate.

After that, it is another big step to prove that a confirmed planet has some of the basic conditions needed to support life, such as the proper size, composition, temperature and distance from its star. More advanced aspects of habitability such as specific atmospheric conditions and the presence of water and carbon require telescopes that are not built yet. Before yesterday, and the announcement of Kepler's findings, the count of planets outside the solar system stood at 519. That means Kepler could triple the number of known planets. Kepler also found that there are many more relatively small planets, and more stars with more than one planet circling them, all hopeful signs in the search for life. All the stars Kepler looks at are in our Milky Way galaxy, but they are so far away that travelling there is not a realistic option. THE ASSOCIATED PRESS

Haitian man deported by U.S. dies in homeland

A Haitian man who suffered cholera-like symptoms and died in his homeland after the U.S. government sent him back had participated in a hunger strike while detained in the U.S. and wrote to immigration attorneys that returning to Haiti amounted to a death sentence, his fiancée, Claudine Magloire, said yesterday.

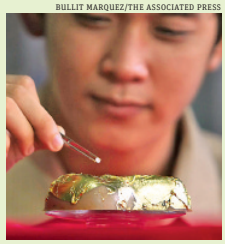
Wildrick Guerrier was deported to Haiti with 26 others on Jan. 20. It was the first group deported to Haiti since a catastrophic earthquake struck that country in January 2010. All but one had been convicted of a crime in the U.S.

THE ASSOCIATED PRESS

"If it were not for the U.S. government ... They are the cause of my fiancé's death."
CLAUDINE MAGLOIRE

News in brief

BULLIT MARQUEZ/THE ASSOCIATED PRESS



Finding luck through cakes

GOLDEN. Wealthy Chinese-Filipinos are snapping up rice cakes decorated with gold and diamonds to celebrate the Lunar New Year in hopes of attracting good luck in the year of the rabbit.

The rabbit-shaped glutinous rice cakes sell for between $500 and $2,700 US and are covered with 24-carat gold foil and a few small diamonds.

THE ASSOCIATED PRESS

Feds expect CRTC ruling overturned

INTERNET. Ottawa is expecting the CRTC to overturn its ruling that allows major Internet service providers to limit how much data consumers can download, ultimately leading to higher Internet rates. In a tweet last night, Industry Minister Tony Clement confirmed the Canadian Radio-television and Telecommunications Commission "must go back to the drawing board" on the issue.

THE CANADIAN PRESS

Buddhists rally behind leader

SUPPORT. Thousands of followers of Tibetan Buddhism's third most important leader marched yesterday in Dharmsala, India, to show their support after authorities questioned the source of more than a million dollars at his headquarters in northern India.

Police and revenue officials have twice interviewed Ugyen Thinley Dorje, the 17th Karmapa, and his aides about the source of the $1.35 million US in a range of foreign currencies found at the Gyuto Tantric Monastery last weekend.

THE ASSOCIATED PRESS

On February 9th, mental health is on everyone's lips.

One in five Canadians suffers from mental illness, impacting countless lives and taking a heavy toll on the nation's economy. But mental illness carries a stigma, and many who suffer won't get the help they need because they're too afraid to talk about it.

That's why I'm proud to support Bell Let's Talk Day on February 9th. For every text message sent and every long distance call made by Bell customers that day,* Bell will donate 5¢ to mental health programs.

Join me in the national conversation. Together, we can change attitudes and make a real difference. To learn more, please visit bell.ca/letstalk.

*Regular long distance and text message charges apply.

Clara Hughes
Olympic champion

Bell Let's Talk

Taxpayers won't fund grief trips

Ottawa rethinking payments for families' visits to Kandahar

Memorial visits to Kandahar by the families of Canadian soldiers killed in Afghanistan will continue, but they'll be financed by non-public funds, says the Defence Department.

An aide said the visits, which had been briefly in limbo, won't be billed to the taxpayer. The exact details of who will pay for the trips weren't immediately available.

The department discovered it has been paying out millions of dollars in benefits without proper authorization.

In recent years, the Canadian Forces has flown families of soldiers to Kandahar Airfield so they can see where their loved ones fought and lived and died.

Etched into a memorial in the base's Canadian compound are the images of the 154 soldiers, two aid workers, a journalist and a diplomat who have died as part of the Afghan mission.

THE CANADIAN PRESS

Not authorized?

- A host of items have cost the Treasury what are said to be millions of dollars over the last five years.
- Benefits include bonuses for out-of-country postings, separation allowances for troops with long-term assignments away from families, and travel costs and expenses for relatives of soldiers killed overseas.

New York. Popping up on iPads

▶ Eddy Cue, vice-president of Apple, attends the New York launch of The Daily, an iPad newspaper.

MARK LENNIHAN/THE ASSOCIATED PRESS

Hold the front page ...

Media mogul Rupert Murdoch yesterday unveiled The Daily — a daily newspaper designed specifically for Apple's hot-selling iPad. The "paper" will cost 99 cents a week or $39.99 for an annual subscription.

Will WikiLeaks get a Nobel nod?

A Norwegian legislator says he has nominated WikiLeaks for the 2011 Nobel Peace Prize.

Snorre Valen of the Socialist Left Party says the secrets-spilling website has promoted human rights, democracy and freedom of speech just like last year's winner, imprisoned Chinese dissident Liu Xiaobo.

The 26-year-old legislator wrote on his blog yesterday that WikiLeaks has exposed "corruption, war crimes and torture" through its newsmaking releases of classified documents.

THE ASSOCIATED PRESS

200

The Nobel Prize committee typically receives more than 200 nominations. The nomination deadline for the 2011 prize was Tuesday.

Call them Gypsies, say panels

Two parliamentary committees in Romania have voted to change the official name of a minority ethnic group from Roma to Gypsy.

The reason the legislators gave for yesterday's vote is that Gypsy is a more widely used name for the group and that Roma is too close to the name Romania.

But the panels' votes have angered Roma civic groups, who say the word Gypsy has long carried negative connotations such as poor, uneducated and rootless.

Romania has an estimated 1.5-million Roma, but officially the figure is about 500,000.

THE ASSOCIATED PRESS

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EGYPT FALLOUT

China: Don't get any ideas

The protests in Egypt are about free elections and overthrowing a longtime dictator? Not according to China's state media, which is painting them as the kind of chaos that comes with Western-style democracy.

The recent uprisings in Egypt and Tunisia are no doubt giving pause to many authoritarian regimes, but nowhere else appears to be as determined to control the message as China.

Newspapers can only publish accounts of the protests from the official Xinhua News Service, a policy often invoked on stories the government considers sensitive. Censors have blocked the ability to search the term "Egypt" on microblogging sites, and deleted comments that draw parallels to China.

THE ASSOCIATED PRESS

U.S. lauds news out of Yemen

Obama administration officials told The Associated Press that Yemeni President Ali Abdullah Saleh's announcement yesterday that he would not seek another term in office or try to pass power to his son was "positive" and "significant."

THE ASSOCIATED PRESS

Mob attacks camera operator

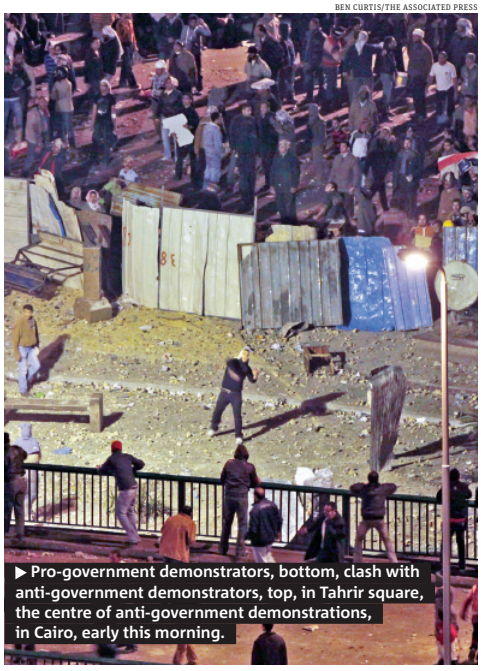
A Canadian news cameraman was beaten by an angry mob in Egypt yesterday.

Sylvain Castonguay, of the CBC's French all-news network, was punched in the face and then swarmed and pummelled by dozens of people in Cairo before being rescued by soldiers.

THE CANADIAN PRESS

Protesters gunned down in Cairo square

BEN CURTIS/THE ASSOCIATED PRESS



▶ Pro-government demonstrators, bottom, clash with anti-government demonstrators, top, in Tahrir square, the centre of anti-government demonstrations, in Cairo, early this morning.

Protesters accuse regime of using paid thugs to crush uprising

Bursts of heavy gunfire rained into Cairo's Tahrir Square before dawn this morning, killing at least three anti-government demonstrators among crowds trying to hold the site after a dramatic assault hours earlier by supporters of President Hosni Mubarak, according to a protest organizer.

Automatic weapons fire rattled into the square starting at around 4 a.m. and continued for more than two hours.

Protest organizer Mustafa el-Naggar said he saw the bodies of three dead protesters being carried toward an ambulance. He said the gunfire came from at least three locations in the distance and that the Egyptian military, which has ringed the square with tank squads for days, did not intervene.

Footage from AP Television News showed one tank spreading a smoke screen along a highway overpass just to the north of the square in an apparent attempt to deprive attackers of a high vantage point.

THE ASSOCIATED PRESS

Strong words

The notion that the Egyptian state may have co-ordinated violence against protesters prompted one of the sharpest rebukes yet from the Obama administration.

▶ "If any of the violence is instigated by the government, it should stop immediately," said White House press secretary Robert Gibbs.

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‘Killer storm’ Yasi batters Australian coast

Houses were blasted apart, banana crops ruined and boats were left lying in streets of wind-swept towns

A massive cyclone struck northeastern Australia early today, tearing off roofs, toppling trees and cutting power to thousands, the most powerful storm to hit the area in nearly a century.

The eye of Cyclone Yasi roared ashore at the small resort town of Mission Beach in Queensland state, battering the coast known to tourists as the gateway to the Great Barrier Reef with heavy rain and howling winds gusting to 300 kph.

Yasi compounded the suffering for Queensland, waterlogged by months of flooding that killed 35 people and inundated hundreds of communities. It struck an area north of the flood zone, but the Bureau of Meteorology said it would bring drenching rains that could cause floods in new parts of the state.

Witnesses reported roofs being ripped off, buildings shaking and trees flattened under the power of the winds. Officials said the storm surge would flood some places to roof level.

“This is a cyclone of savagery and intensity,” Prime Minister Julia Gillard said in a nationally televised news conference as the storm moved toward the coast. “People are facing some really dreadful hours in front of them.”

More than 10,000 people fled to 20 evacuation centres in a danger zone stretching 300 kilometres, amid strong warnings in the past two days. Many others moved in with family or friends in safer locations. Still, authorities were preparing for devastation, and likely deaths.

“It’s such a big storm — it’s a monster, killer storm,” Queensland Premier Anna Bligh said, adding that the only previous cyclone measured in the state at such strength was in 1918. “This impact is likely to be more life threatening than any experienced during recent generations.”

THE ASSOCIATED PRESS

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BARNEY'S VERSION NOT ABOUT SIMPSONS

He says ...

JOHN MAZEROLLE

Canadian film needs help — not because it's bad, but because it's good.

The Genie nominations were announced yesterday, revealing a roll call of films including Incendies and Barney's Version that stand up well against anything worldwide, be it The King's Speech or the double-rainbow guy.

At least I assume the Canadian films are great. I haven't seen them yet, and neither have most of you.

Therein lies the problem. While I will likely see both those films, you can bet that my chances of seeing any of the other Genie nominees is the same as me getting in line for Twilight 4, the one where Edward Cullen comes out of the closet (but only when invited).

The problem is not Canadian films, which are usually excellent. It's that we, as a nation, suck at hype.

Filmgoers consume pop culture the same way people buy groceries: We go for what's at eye-level first, the less reaching the better. We will go to what has exciting trailers, fast food tie-ins, and off-camera controversy.

Subsidies for Canadian film should be used to put money where our mouths are — keeping Canadians talking about film all year round, no matter what the movies are. Here are a few ideas:

MCDONALD'S MEALS: There are difficulties promoting Canadian films, given their typical subject matter. For instance, the great Canadian movie The Sweet Hereafter is a heartwarming story of incest, paralysis, and dead schoolchildren, which are difficult concepts to build a Happy Meal around, even with the damaged school bus toy. So I propose Melancholy Meals that embrace the ennui of a Canadian winter and give our children something bigger to chew on. For instance, you can have a burger your way, or you can have Barney's Version, complete with chewed-off cigar bits for dessert.

ADULT FILM TIE-INS: For example — PassionDales, or Sex, Lies, And Videodrome.

Finally, imagine the stirring scene if Ricky Gervais hosts the Genies.

Ricky Gervais: Good evening ... you bunch of sods!

Canadian crowd: He's right! We're sorry!

With the proper hype, the Genies could become just like the Oscars. People will have Genie pools where they try to guess the winner of Best Actor You Know From Somewhere, people will ooh and aah at what Gorden Pinsent is wearing this year, and the girl in the shower in Porky's will captivate during her lifetime achievement speech.

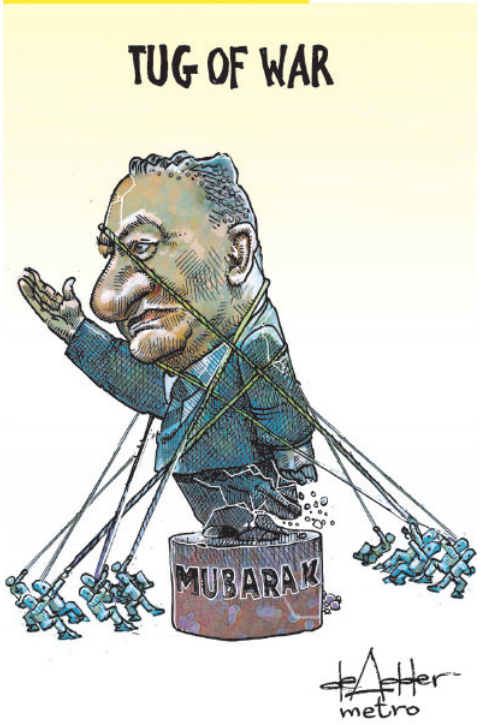
I even have an idea for my own movie.

I can't reveal too much right now, but let me whet your appetite with two words: Triple rainbow.

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER



Who you gonna call?

Letters & Tweets

We asked: In honour of Groundhog Day, what's your favourite Bill Murray movie?

@dubstf: Scrooged. I watch this modern adaptation of Dickens' classic story every xmas eve because it's heartwarming & hilarious.

@MattHoekstra: Best Bill Murray flick? Lost In Translation. Captured the essence of foreign culture, and I like saying ScarJo.

@dantic: Scrooged and Ghostbusters, it's a dead heat.

@sunny_daze01: toss-up between Caddyshack and Ghostbusters.

@sunny_daze01: omg i forgot about Scrooged!! OK i change my vote to: "I like ALL Bill Murray movies."

@regtiangha: Lost In Translation, The Life Aquatic with Steve Zissou, The Royal Tenenbaums, Ghostbusters.

@bgroundnoise: Ghostbusters IS the best. No debate. But Life Aquatic with Steve Zissou is good, too.

@Mel_Brown: My favourite Bill Murray movie was always What About Bob?

@boostventilator: It's a toss-up between Rushmore and Garfield: A Tale Of Two Kitties.

@harriscandoit: My favourite Bill Murray classic is the holiday classic Scrooged. I never miss it on TV.

@williamcmurray: have to go with the little watched Where The Buffalo Roam.

Back off, I'm a scientist

UBERMOOGLE2006/FLICKR

What are your critical ingredients for a good Super Bowl party?

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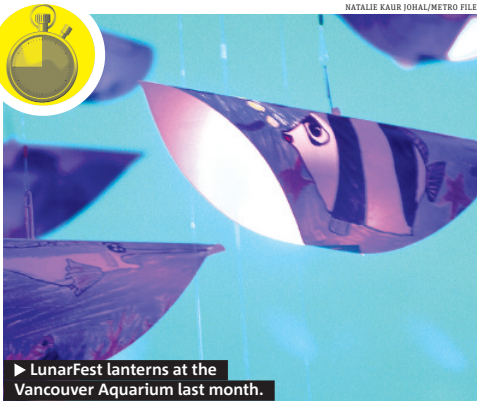
Metro Minute at LunarFest

Events will be held across Metro Vancouver this week in celebration of the Lunar New Year. CIBC LunarFest begins today outside the Vancouver Art Gallery. The festival, which started last year as part of the 2010 Cultural Olympiad, includes a parade, a lantern display and concerts. This year's festival, which runs until Feb. 13, also includes a lantern aquarium. Tonight, as part of the festival's opening ceremony, there will be performances by the Cheondoong Performing Arts Society, the Vancouver Korean Dance Society, and Grace Jong Eun Lee. The show begins at 7 p.m. outside the VAG. Visit lunarfest.org for more info. SUNHO CHOI

NATALIE KAUR JOHAL/METRO FILE



▶ LunarFest lanterns at the Vancouver Aquarium last month.

Hudson's Bay bites at food biz

Cross-Canada eateries in historic chain get makeovers

The Hudson's Bay Company wants to lure "die-hard foodies" through an upscale revamping of 24 in-store restaurants, part of a wider strategy to reposition as a higher-end department store.

The chain — which has recently introduced numerous chic clothing brands in an effort to change its image — said yesterday it is partnering with upscale restaurant operator Oliver & Bonacini and food services company Compass Group Canada.

The Bay said it wants the restaurants to attract "die-hard foodies" as well as provide higher quality options for shoppers during breakfast, lunch and dinner.

CEO Bonnie Brooks said prices options won't necessarily change, because food will be sold at different price points.

"We're going to have a variety of what you could call 'good-better-best' dining experiences, so there will be everything from deli and takeout and pasta bar, morning coffee, bakery, straight through to elegant dining," she said in a telephone interview.

The restaurants that will get makeovers are located across Canada, and include flagship locations in larger cities, among them Toronto, Montreal, Vancouver and Winnipeg.

Meanwhile, several smaller locations like Moncton, Regina, and Kelowna, B.C.

The Bay's largest store on Queen Street in downtown Toronto will get renovations including a new conference facility, restaurant and food hall.

The store's Arcadian Court banquet hall will also be renovated.

Construction will begin in April and should be complete in 16 months.

THE CANADIAN PRESS

Market moment

DOLLAR	Natural gas 1,000 cu ft
(101.19¢ US) +0.27¢	$4.429 (+8.2¢)
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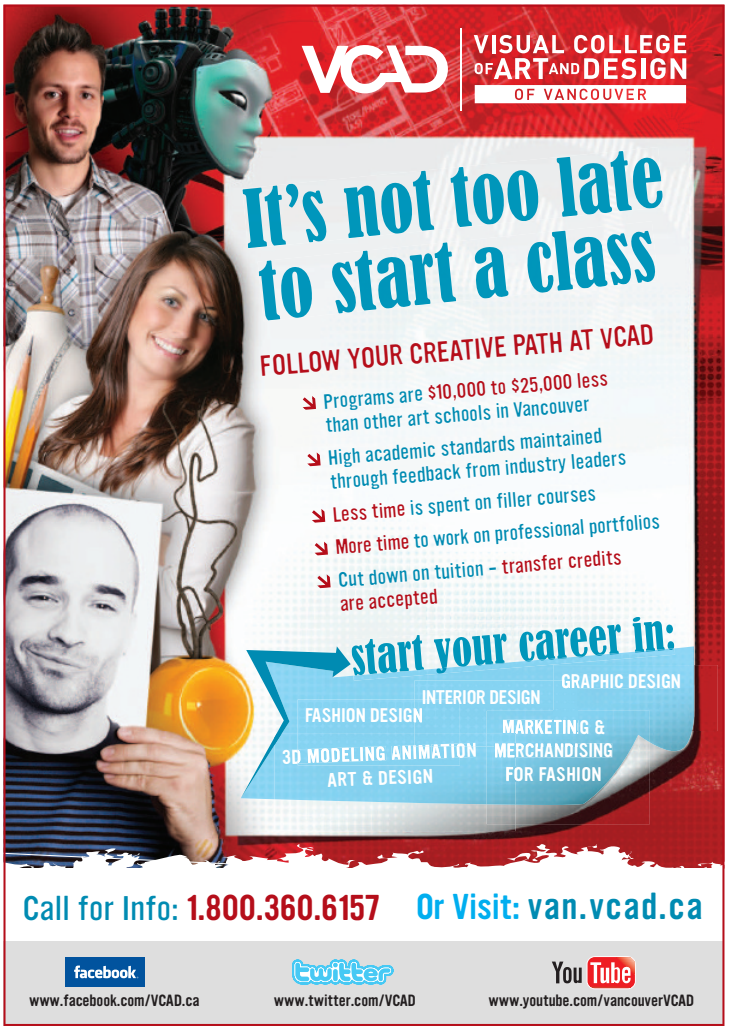
($90.86 US) +$0.09 US	$1,332.10 (-$8.20)
TSX	
-32.33 (13,680.29)	



2 scene

The art of covering big media junkets

Erin Cebula shares her behind-the-scenes interview experiences and how to get the info you need

BACKSTAGE PASS

ERIN CEBULA
METRO VANCOUVER

Last week I covered the Sundance Film Festival, a world renowned event that exudes a vibrant and quirky atmosphere for the close to 50,000 people in attendance. It was my toughest assignment to date; packed full of crammed red carpets and frantic junkets with Hollywood stars like Demi Moore, Patrick Dempsey and Anne Heche.

Now covering media junkets isn't as glamourous as you may think. Typically they're set up in hotel rooms so actors can speak to as many journalists as possible in one sitting.

Then there's the dreaded time limit. Most studio junkets run around three to four minutes, and the stopwatch starts when you walk into that room. So forget about chit-chat; if you want your story —you have to get to the goods as quickly and smoothly as possible. Meeting A-list actors always gets my adrenaline going, but I've learned that staying professional is key.

Sometimes I just have to ignore the fact that Gerard Butler is smoking hot and remember that we both have a job to do. I'll only be interviewing him and his co-stars, but he'll be doing 50 sit-downs that day alone.

Doing your research is also extremely important if you want to be taken seriously in junket land. In fact, most actors expect that you know as much as they do about the movie they're promoting and what roles they play. If you surprise them by knowing even more about the flick — you've hit the jackpot. Being prepared can even help open the door to discussing a performer's personal life. Everyone wants to know the juicy gossip about celebrities, and most reporters do too, but it's a fine balance.

Some can be quite open and willing to share like Queen Latifah or Channing Tatum, while others – like Katie Holmes are very private people. I don't like to push, but if someone gives me an opening, I'll take it.

Then there are red carpet events which we typically associate with Hollywood galas like the Oscars. Here is where it gets really crazy. Reporters and camera-operators are packed together like sardines and given a minute (maybe two) to grab sassy sound bytes and get a few fashion shots. Lucky for me, working for ET Canada often gives me more leverage so I can get access to more celebs. At the Inglorious Basterds Premiere in L.A. I had to yoga breathe and dodge a few elbows when Brangelina hit the carpet. It's fast and frenzied, but hey — I got to meet Brad Pitt. Plus, I didn't get all gushy and he dug my question. Now, I don't always hit it out of the park, but I love my job and thrive off these experiences. Every event is an exciting challenge and an opportunity to get better, smarter and cooler. James Franco … I'm coming for you.

Erin Cebula is the West Coast correspondent for ET Canada and Global BC. Erin's ET Canada segments can be seen on Global Television airing weeknights at 7:30 p.m.

CONTRIBUTED

▶ Erin Cebula interviews Brad Pitt at the premiere of Inglorious Basterds in Los Angeles.

Drake

For the second year in a row, Toronto rapper Drake will perform at the Grammy Awards. He'll take the stage with Rihanna, a year after performing alongside Lil Wayne and Eminem.

THE CANADIAN PRESS

Walters examines matters of the heart

It comes as no surprise that the legendarily competitive Barbara Walters was able to land former President Bill Clinton, David Letterman, Robin Williams and Regis Philbin for her ABC News special this week.

The selling point was what tied all the celebrities — Walters included — together: their open heart surgeries.

As she recovered from her own surgery to repair a faulty heart valve last May, Walters realized that the prevalence of heart disease and the fear many people have of a heart operation made for a good story. A Matter of Life and Death airs at 10 p.m. ET on Friday.

Walters knew she needed the celebrity infusion.

"I didn't want people to feel that this was going to be an hour lecture," she said. "To have these very famous, and in some cases very funny, people, meant that they would watch."

Each guest agreed to talk about his experience.

Clinton, the former Big Mac president, revealed that he's now practically a vegan. The usually private Letterman talks candidly about depression and how he sometimes bursts into tears of joy that he's doing well, given his medical history and the knowledge that his father died of a heart attack at age 57. Letterman is 63. Williams shows off his scar and so does Walters — discreetly, of course.

THE ASSOCIATED PRESS

Elton John tells Rolling Stone magazine Billy Joel needs serious rehab and tough love

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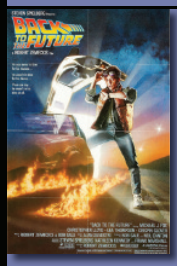


BACK TO THE FUTURE
3:45pm

Directed By
Robert Zemeckis
116 Min.

1985
Starring Michael J. Fox, Christopher Lloyd
Presented In 2K Digital.

ALIEN
6:30pm

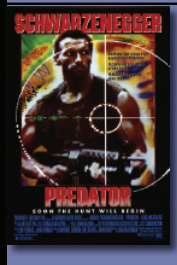
Directed By
Ridley Scott
117 Min.

1979
Starring Sigourney Weaver, Tom Skerritt
Presented In High Definition

ALIENS
9:10pm

Directed By
James Cameron
137 Min.

1986
Starrring Sigourney Weaver, Michael Biehn
Presented In High Definition



PREDATOR
11:59pm

Directed By
John McTiernan
107 Min.

1987
Starring Arnold Schwarzenegger
Presented In High Definition

SAT FEB 5

LORD OF THE RINGS: THE FELLOWSHIP OF THE RING
12:00pm

Directed By
Peter Jackson
178 Min.

2001
Starring Elijah Wood, Ian McKellan
Presented In High Definition

LORD OF THE RINGS: THE TWO TOWERS
3:30pm

Directed By
Peter Jackson
179 Min.

2002
Starring Elijah Wood, Viggo Mortensen
Presented In High Definition

LORD OF THE RINGS: THE RETURN OF THE KING
7:00pm

Directed By
Peter Jackson
201 Min.

2003
Starring Elijah Wood, Viggo Mortenson
Presented In High Definition

BIG TROUBLE IN LITTLE CHINA
11:59pm

Directed By
John Carpenter
99 Min.

1986
Starring Kurt Russell, Kim Cattrall
Presented In High Definition

SUN FEB 6

THE GOONIES
1:00pm

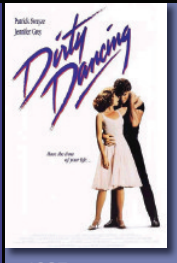
Directed By
Richard Donner
114 Min.

1985
Starring Sean Astin, Josh Brolin
Presented In High Definition

GHOST
4:00pm

Directed by
Jerry Zucker
127 Min.

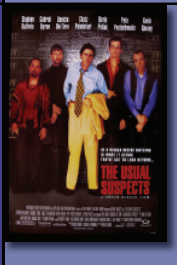
1990
Starring Patrick Swayze, Demi Moore
Presented In High Definition



DIRTY DANCING
7:00pm

Directed by
Emile Ardolino
100 Min.

1987
Starring Jennifer Grey, Patrick Swayze
Presented In High Definition



THE USUAL SUSPECTS
9:30pm

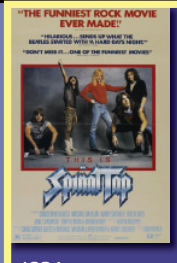
Directed by
Bryan Singer
106 Min.

1996
Starring Kevin Spacey, Benicio Del Toro
Presented In High Definition

MON

1979
Starring Sigourney Wea
Presented In High Defini

1986
Starrring Sigourney Wea
Presented In High Defini



1984
Starring Michael McKea
Presented In High Defini

1980
Starring Dan Aykroyd, Jo
Presented In Digital 2K

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FEB 7

LIEN
:00pm
rected By
dley Scott
7 Min.

ver, Tom Skerritt
tion

LIENS
4:00pm
irected By
ames Cameron
37 Min.

aver, Michael Biehn
tion

HIS IS PINAL TAP
7:00pm
irected by
ob Reiner
2 Min.

n, Christopher Guest
tion

HE BLUES ROTHERS
9:10pm
irected by
ohn Landis
33 Min.

nn Belushi

DY NIGHT

TUES FEB 8

RAGING BULL
1:00pm
Directed by
Martin Scorcese
129 Min.

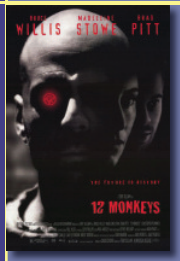
1980
Starring Robert De Niro, Joe Pesci
Presented In Digital 2K

THE GOONIES
4:00pm
Directed By
Richard Donner
114 Min.

1985
Starring Sean Astin, Josh Brolin
Presented In High Definition

BACK TO THE FUTURE
7:00pm
Directed By
Robert Zemeckis
116 Min.

1985
Starring Michael J. Fox, Christopher Lloyd
Presented In 2K Digital

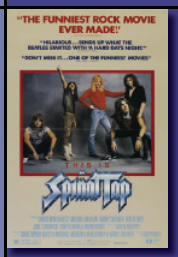


12 MONKEYS
9:40pm
Directed by
Terry Gilliam
129 min.

1995
Starring Bruce Willis, Brad Pitt
Presented in High Definition

TIME TRAVEL NIGHT

WED FEB 9

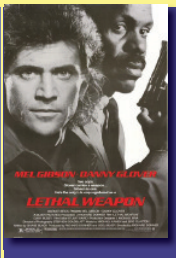


THIS IS SPINAL TAP
1:00pm
Directed by
Rob Reiner
82 Min.

1984
Starring Michael McKean, Christopher Guest
Presented In High Definition

THE BLUES BROTHERS
3:30pm
Directed by
John Landis
133 Min.

1980
Starring Dan Aykroyd, John Belushi
Presented In Digital 2K



LETHAL WEAPON
7:00pm
Directed by
Richard Donner
110 Min.

1987
Starring Mel Gibson, Danny Glover
Presented In High Definition

THE HUNT FOR RED OCTOBER
9:30pm
Directed by
John McTiernan
134 Min.

1990
Starring Sean Connery, Alec Baldwin
Presented In High Definition

ACTION NIGHT

THURS FEB 10

GHOST
1:00pm
Directed by
Jerry Zucker
127 Min.

1990
Starring Patrick Swayze, Demi Moore
Presented In High Definition

THE USUAL SUSPECTS
4:00pm
Directed by
Bryan Singer
106 Min.

1996
Starring Kevin Spacey, Benicio Del Toro
Presented In High Definition

RAGING BULL
6:50pm
Directed by
Martin Scorcese
129 Min.

1980
Starring Robert De Niro, Joe Pesci
Presented In Digital 2K

FIGHT CLUB
9:45pm
Directed by
David Fincher
139 Min.

1999
Starring Brad Pitt, Edward Norton
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- Today's latest bands appear in more commercials than ever
- How do they feel about going mainstream ... to sell autos?

Sell outs? or perhaps marketing geniuses?

▶ Left to right, Christopher Bear, Daniel Rossen, Ed Droste, and Chris Taylor of Grizzly Bear.

During last year's Super Bowl, a song from the indie band Grizzly Bear played in front of an audience of millions — not during the halftime show, but during an ad for Volkswagen cars.

In the U.S., music acts teaming up with big business reflects the new economics of music. What was once seen as selling out for cash, now just makes sense.

"Because everything is so instant now and people seem to always have their laptops and smart phones with them when they're watching TV, when a song that they like comes on in a commercial, they can just look it up and buy it right then, and this is something that the artists realize," says Peter Shane, vice president of creative services for Spirit Music Group, a music company that specializes in placing songs into all sorts of media and works with iconic catalogues by the likes of Lou Reed and T. Rex. Within the past few months, the U.S. audience has heard Edward Sharpe and the Magnetic Zeros performing Janglin for Ford or Vampire Weekend singing about how a holiday is the best time of the year to buy a Civic, and they may have also noticed that when Honda wanted to move their sport hybrid model, which they bill as "complete opposites in complete harmony," they picked the song Riot Rhythm by Sleigh Bells, a duo whose metallic guitars and sweet cheerleader vocals could also be defined as complete opposites in complete harmony. Not unlike the way music and commercials coexist.

"The 'sell out' discussion

Risk-free investing.
Yes, it does exist.

Release therapy for Ricky

Ricky Martin began writing a new CD, but then he had to stop.

The singer says he got so comfortable revealing his feelings — and his sexuality — that he needed to explore that in another way.

"When I started writing my music, in this cathartic process, I started writing my book ... and I had to stop doing music because what was coming out was really intense," Martin said.

His memoir, Me, hit The New York Times bestseller list in November. And while Martin says he'd love to release a book of photos next, he's putting out the album that somewhat served as the prequel to Me.

"Because of what I learned about myself with the book, I ended up writing the music for this album," he said of Musica + Alma + Sexo, his twelfth effort, out this week.

20

Martin, now 39, has quite the resumé in music. He has sold more than 20 million albums in the United States, won a Grammy and toured the world.

"For the first time in my life I was not forced to release an album."

The Puerto Rican singer said that kind of freedom allowed him to take risks and get emotional.

"There were emotions (and) it was not easy," he said. "You have to start opening doors within your mind, opening doors and closing them (like), 'I don't want to go into that room ... Should I? No, but I have to,'" he recalled.

"It was very liberating (and) very healing."

Martin spent two years making the mostly Spanish CD, co-writing each track and reuniting with Desmond Child, the producer behind his hits Livin' la Vida Loca and She Bangs.

He will support the disc when his U.S. tour kicks off in Puerto Rico on March 25 and wraps up on May 8 in San Diego. He says he plans to bring sexy back on tour.

"It's going to be a very sexual tour 'cause it is a sexual album. So let's just have fun and provoke," he said.

Martin became a father to twin boys through a surrogate mother two years ago. And he's looking to expand his family: "Of course I want daddy's girl. In a couple of years, not now."

He also said though his boys are young, they're catching the music bug. He's even open to them being teen singers like he did when he debuted in the boy band Menudo.

"I'm very lucky because my parents supported this ... If they didn't support me, today I would be so frustrated," he said. "I want (my kids) to be happy. I would never force them into anything ... What I'm trying to say here is that for many years I did things for others to be happy. I don't want them to go through that."

THE ASSOCIATED PRESS

▶ Ricky Martin says writing music helped him feel liberated.

SCOTT GRIES/GETTY IMAGES

never even happened, we happily license our music for movies and advertisements on a case-by-case basis," says Sleigh Bells guitarist and chief songwriter Derek Miller.

"It's almost pretentious to avoid the opportunity, especially in this climate."

Lisa Milberg of the Swedish band, The Concretes says people in the States recognize her band's song, Say Something New mostly because it was in a Target commercial.

"It was with very mixed emotions, because before that we didn't do any ads and we tend to say 'no' most of the time," she says.

"It was strange to see that it worked and that it had an impact and it makes people buy the music, which is good, but you would maybe rather they bought the music without the ad." METRO WORLD NEWS

"I think what you have is that the record industry is probably in the worst place it's ever been, but I think it allows for more creativity now. What you have now is other ways to get your music out and other ways to try to break an artist."

AMERICAN IDOL JUDGE AND MUSIC INDUSTRY VETERAN RANDY JACKSON

Big money business

Breaking artists through commercials is the reason that Lloyd Simon has set up his new website, TheTapMusic.com.

Simon, an entertainment lawyer and founder of MTV is responsible for pairing the Dirty Vegas song Days Go By with Mitsubishi and putting Sting in a Jaguar for a 1999 ad that was a real game-changer for commercialized music.

He says when it was more taboo for musicians to license their music to commercials, the pay was higher, but now, he estimates most licensing results in about $10,000 to $50,000.

GETTY IMAGES

A timeline of commercial music

- **1950s to mid-1960s** In the first years of TV, musicians like Chubby Checker and the Rolling Stones promoted products.
- **1967** The Who release The Who Sell Out, parodying the pairing of product placement and musicians.
- **1989** Neil Young, pictured, is awarded Video of the Year by MTV for This Note's For You, a pledge of sorts to not allow his music in ads.
- **1999** Play by Moby becomes the first album to have all of its tracks licensed for movies, TV or ads.
- **1999** The Nick Drake song Pink Moon sells more than it did when he was alive after its use in a Volkswagen ad.
- **2002** The White Stripes reportedly turn down several lucrative offers from The Gap to appear in a commercial.
- **2008** Shazam, an app that IDs songs by snippets, is available for iPhone, enabling users to hold phones up to the TV when an ad comes on, to learn who recorded it.

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CHARLES SYKES/THE ASSOCIATED PRESS

Barney's Version up for 11 Genies

Barney's Version has nabbed a leading 11 Genie nominations.

Paul Giamatti, who stars as Barney Panofsky in the big-screen adaptation of Mordecai Richler's last novel, received a nomination in the best actor category.

Co-star Dustin Hoffman, who plays his father, is up for best supporting actor.

Close behind Barney's Version was Denis Villeneuve's Incendies, which received 10 nominations.

The film, about twins who uncover secrets of their mother's past, was nominated for an Academy Award last week.

Other films scoring multiple Genie nominations included Splice, Heartbeats and The Trotsky.

SUBMITTED

▶ Actors Paul Giamatti, left, and Dustin Hoffman in the film Barney's Version.

The Genie Awards, which honour the best in Canadian film, will be handed out in Ottawa on March 10.

Villeneuve swept the Genies last year with Polytechnique, his haunting black-and-white account of the Montreal massacre.

THE CANADIAN PRESS

Carey reveals sex of twins

Mariah Carey and Nick Cannon are not only expecting twins, but they're having both a boy and a girl, they revealed to Life & Style.

"There were fan contests on Twitter about what gender they are and rumours about them being two boys or two girls, but nobody guessed this," Carey tells the magazine.

"There were fan contests on Twitter about what gender they are."
MARIAH CAREY

"Even before we announced it was twins, I was trying to keep everything gender-neutral." METRO

Talking points

LiLo being investigated for theft

PEOPLE Barely a month out of rehab, and Lindsay Lohan is facing scrutiny by law enforcement — only this time it's in connection with jewelry theft, according to Radar Online.

"Lindsay is being accused of stealing high-end jewelry, including a necklace," a source says.

"A search warrant was requested Tuesday at the Airport Court to search Lindsay's house for the item of jewelry in question."

Investigators reportedly have video of Lohan wearing the missing jewels. METRO

Fight for custody concerns Halle Berry

PEOPLE Halle Berry's custody battle with ex Gabriel Aubry is getting vicious, according to Us Weekly.

"Halle has serious concerns for her daughter's well-being while in the care of her father for any extended period of time and is prepared to take all necessary steps to protect her," a source says.

But Aubry is reportedly telling a different story, claiming that Berry is inattentive of their two-year-old daughter, Nahla, and is more concerned with her love life, according to TMZ. METRO

Celebrity tweets

Lindsay Lohan [@lindsaylohan] Hate when i record a show, then i dont have the episode that follows it! then again, if thats my biggest problem... life's great!

Paris Hilton [@ParisHilton] Just got adjusted by my chiropractor Dr. Tom Marinaro. It's incredible what an adjustment does to you. I feel so much better! Dr. Tom rocks!

Tyra Banks [@tyrabanks] BellyButton talk time! I used to be outtie, now I'm innie. Weird. Maybe I am an alien...

Conan O'Brien [@Conan-OBrien] People always recognize me, even when I wear sunglasses. Maybe it's the "Talk to me, I'm Conan O'Brien" t-shirt. METRO

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International makeup phenomenon Charlotte Willer stocks up for sunnier days with a little help from Maybelline cosmetics

The forecast calls for bright & beautiful

Sassy spring days

GET THE LOOK

- To begin, for the complexion, use Maybelline's FIT ME foundation to create a 'second skin" and even base.
- Define eyebrows: It is very important to frame the face — try Maybelline New York Define-A-Brow.
- Use FIT ME Illuminator on the eye lid for a soft even finish.
- On the eyes, use Maybelline's Volum' Express One by One Mascara with a light application on the lashes.
- For the cheeks, use FIT ME Medium Coral — apply with your fingertips.
- For the lips, define the lips using COLORsensational No. 630 Red Revolution to create a strong lip.

Smokey spring soirees

GET THE LOOK

- Begin with FIT ME foundation to create an even base.
- Define eyebrows using Maybelline New York Define-A-Brow
- Line your eyes with Black Eye Liner Pencil or EyeStudio Gel Eyeliner in Blackest Black
- Accent the eye with Maybelline's EXPERTWEAR Amethyst Smokes palette, using deep purple on the bottom of the eye. Continue with the deep colour on the lid and crease. Use the white shadow to highlight.
- Continue with Volum'Express One by One Mascara in black applying to the lashes and making the eyes more dramatic.
- For the lips, apply Maybelline's COLORSensational Pink Sand.
- Apply the FIT ME Light Pink to cheeks for a soft natural complexion.

3 life

Dos and don'ts

SPRING FORWARD

"For Spring, you will see a lot of colour - especially for the lips. I love a bright lip no matter the season! Use color boldly and play it up!" What you won't see this spring are muted colours or a strong lip and a strong eye together - it is one or the other, definitely not both!"

GLOBAL MAKEUP ARTIST CHARLOTTE WILLER

Jean Paul Gaultier isn't done. There are more movies to be inspired by, muses to court and corsets to sew.

CONTROL FREAK?

Then sheets are for you, because freshness is always in your hands. It's all up to you. Large load? Toss in an extra sheet. Need one in the car, why not? You're in control of freshness and that feels pretty great.

HOW DO YOU GET YOUR BOUNCE?

learn more at facebook.com/bounce

*Keep Bounce out of reach of toddlers and pets to avoid accidental ingestion.

LIVING WITH A FURBALL?

Sheets or Bar are both up to this task. Both help repel hair and give you great freshness. Of course, with the bar you get about 4 months* of freshness, so you may never miss a load of freshness again.

HOW DO YOU GET YOUR BOUNCE?

learn more at facebook.com/bounce

*Depends on frequency of use and dryer settings.

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Online retailers let you click 'til you drop

DECOR MOMENT

KARL LOHNES
HOME@METRONEWS.CA

Everyone loves a great bargain on home decor items and there's no easier way to find deals during the winter than sitting at the computer. No slushy roads, crowds, stuffy stores and fighting for deals.

Online shopping is now easy, safe and most of all convienient. I purchase clothing, shoes, bedding, dishes, lighting and even my groceries online. I can shop when and where I want, plus have items delivered where I want (home, work, cottage or elsewhere).

Here are some pointers to get you started on your way to a more fashionable home via the web.

Finding a good website

When starting off, shop the websites of large, reputal retailers. If visiting non-retail e-sites then use referrals from friends who may have experienced a positive shopping experience with them.

FLICKR: HYGEINE MATTERS

▶ Shopping online is especially convenient in the winter.

Shop online with real stores, not just e-commerce style sites when starting out.

The real stores will often use their e-sites as clearance sites for outdated merchandise whereas sites that do not support a retail business usually do not have clearance stock.

Shop online with stores who you have physically shopped at before; you'll have a better idea about the quality of their products.

This is very impor-tant when buying things like bedding, clothing or shoes.

Always shop with a website that offers a contact phone number on their site. If you have any questions you can call them before ordering.

What to look for

Look for pop-up banners promoting special items and promotions that are happening on the site. Look for extra-specials like additional discounts off seasonal items or free shipping incentives.

For instance, right now gapcanada.ca is offering free shipping anywhere in the country with a purchase of $50 or more and Sears Canada will Twitter you daily deals on their outlet site.

What to buy

End of season items (they'll be like new next year!), holiday decor, product you might already have but need more of like china or flatware, and bedding.

See a favorite framed poster that you liked last year in a store? It may be out of season in the store but most likely moved to the website for sale.

Knowing that goldtones are going to be hot next Christmas, I've gone online and purchased discounted holiday items in gold for next year; all with huge savings.

Paying for the goods

If you don't feel comfortable giving your credit card number online then call in your order to the customer help line. They can process your order verbally so that you don't have to enter your credit card information online.

Use your gift cards online. Its a safe way to pay for the items without having to share your credit card information. Or ask a friend who has already shopped on the site and has an account. This is great for eBay or Kijiji where you may not want to register all your information in order to shop around.

Never click on the box that allows the retailer to keep your credit card information. Punch it in new each time you shop.

Some retailers will charge a large shipping fee to cover duty and brokerage fees. If so, you should be spending at least four times this fee to make it affordable.

Check out

My favorite sites:

- **urbanoutfitters.com** Funky decor items, floor mats, decorative hooks and iPod cases.
- **sears.ca** All the necessities like bedding, pillows, tablecloths and home tools.
- **restorationhardware.com** Always great furnishings and lamps on sale.
- **anthropologie.com** Very unique tabletop items and drapery panels.

With so much choice, there's a home for you here.

Seven show homes now open.

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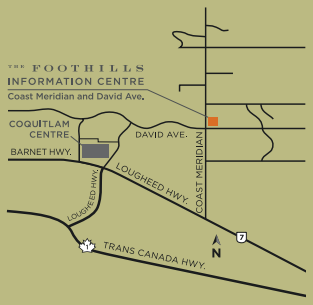
BY POLYGON
Townhomes from
$389,900
SHOW HOMES NOW OPEN

BURKE MOUNTAIN HEIGHTS PHASE 2
BY FOXRIDGE
Single-family Homes from the mid
$700,000's

NOUR OF THE FOOTHILLS
BY NOURA
Single-family Homes from
$828,750

BIRCHWOOD ESTATES
BY WALLMARK
Estate Residences from
$979,900



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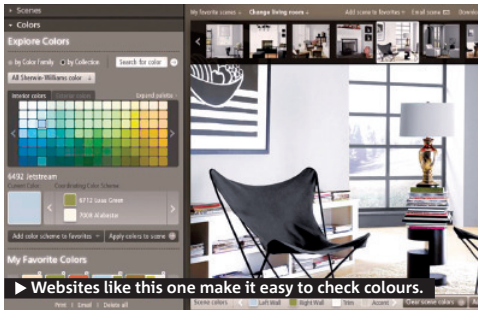
Make decorating decisions easier

For many folks, who are more self-critical than self-confident, the journey to the ideal wall colour or room style is fraught with angst. It doesn't help that decorating options are so extensive. Anyone who has stared down a two-metre-long wall of paint chips knows the feeling.

There's an encyclopedic sample book of sofa fabric. Wood flooring, tile, linoleum and carpet present more options. And what about window treatments, with a dozen versions of blinds alone?

Here are expert tips to make decor decisions a bit easier:



▶ Websites like this one make it easy to check colours.

Look at yourself

Pay attention to what you're drawn to in magazines, other people's homes, TV shows.

Think about the colours in your wardrobe, too. Chances are those colours and styles will translate into rooms you'll love. If your closet is full of simple tones and clean lines, then neutral hues and tailored furnishings will appeal. If the drawers brim with pattern, let your home echo that exuberance.

Test-drive it

Test a large paint swath on all four walls. The quality of light, the room's orientation and the surrounding colours all have an effect on a paint shade.

As for furniture, some retailers will let you try a piece at home before committing.

Bring home samples of window treatments, wall and floor finishes, even cabinet doors. Live with them for a few days, moving them around to different vantage points.

.

Size it up

Take a tape measure to the store, make sure the piece will fit your space, and sit on it as you would at home. A tightly upholstered leather sectional might always look tidy, but nobody's going to enjoy sitting on it if it isn't comfy.

Experts also recommend versatile pieces of furniture. The more flexible the piece, the easier it is to place, and relocate.

Go online

Benjamin Moore, Behr, and Sherwin-Williams among others offer online programs where you can overlay paint shades on different room styles.

Show your personality

After all, it's your home, no one else's.

THE ASSOCIATED PRESS

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Costa Rica 7 Nights 4-Star	from $957 + taxes & fees $240

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Bahamas Disney Cruise Line Family Special
3-Night Cruise — from USD $434◊ + taxes & fees USD $50

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Las Vegas
Air + 3 Nights + 3-Night Cruise — from $549 + taxes & fees $121

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Vacations

Kona, Hawai'i
Air + 7 Nights
from $989
+ taxes & fees $150

INCLUDES oceanfront accom in the heart of Kailua-Kona close to shopping and entertainment.

Frankfurt & Amsterdam
Air + 9 Nights — from $1349 + taxes & fees $348

INCLUDES air into Frankfurt, return from Amsterdam, 4 nights Frankfurt accom, rail transfer & 5 nights Amsterdam accom.

Escorted Tours

Costa Rica Volcanoes & Surf
9-Day Tour — sale $960 taxes & fees included

HIGHLIGHTS San José, La Fortuna, Arenal Volcano, Monteverde, Cloud Forest, Playa Hermosa and 2 surf lessons. Roundtrip San José.

South East Asia Hanoi to Chiang Mai
14-Day Tour — sale $1048 taxes & fees included

HIGHLIGHTS Hanoi, Vinh, Vientiane, Vang Vieng, Luang Prabang, riverboat journey down Mekong River and Chiang Mai. Departs Hanoi.

New Zealand South Island
10-Day Tour — from $1260 taxes & fees included

HIGHLIGHTS Christchurch, Punakaiki, Franz Josef Glacier, Queenstown, Milford Sound and Mt Cook. Roundtrip Christchurch.

USA

Las Vegas
Air + 3 Nights
from $239
+ taxes & fees $112

INCLUDES accom on the Strip.
ADD Grand Canyon tour from $98.

New Orleans Mardi Gras
Air + 3 Nights — from $649 + taxes & fees $123

INCLUDES central accom, close to the French Quarter over Mardi Gras.

New York Air + 3 Nights — from $679 + taxes & fees $139

INCLUDES Times Square accom. ADD theatre tickets to Billy Elliott from $129.

Orlando March Break, Family Special
Air + 7 Nights — from $769◊ + taxes & fees $174

INCLUDES accom near *Walt Disney World* Resort. Price is per person based on family of 4. ADD 6-day *Walt Disney World* Resort *Magic Your Way* Base Ticket from $265 adult / $239 child.

Honolulu Air + 7 Nights — from $789 + taxes & fees $110

INCLUDES Waikiki accom. ADD Paradise Cove luau from $94.

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Heat up your Chinese New Year with Spicy Hoisin Beef and Noodles

Ringing in the Year of the Rabbit doesn't have to mean ordering out. Make your own feast with this simple dish

LARRY CROWE/ THE ASSOCIATED PRESS

▶ You can reduce the Asian chili-garlic sauce by half for a milder version of this dish.

Ingredients:

Ginger Soy Noodles
- 2 pkgs (each 9 oz/255 g) fresh egg noodles (sold alongside produce and tofu)
- 2 tsp (10 mL) sesame oil
- 2 tsp (10 mL) minced fresh ginger
- 1 red bell pepper, sliced into thin, 2-inch (5 cm) long strips
- 3 green onions, thinly sliced diagonally
- 3 tbsp (45 mL) soy sauce

Spicy Beef
- 3 tbsp (45 mL) cornstarch
- 1/4 tsp (1 mL) five-spice powder
- 1 lb (500 g) flank steak, cut into 1/4-inch (5 mm) thick strips across the grain
- 1/4 cup (60 mL) vegetable oil
- 1/4 cup (60 mL) hoisin sauce
- 2 tbsp (30 mL) Asian chili-garlic paste
- 2 tbsp (30 mL) rice vinegar
- Sesame seeds (optional)

Preparation:

1. **Ginger Soy Noodles:** Bring a large saucepan of salted water to a boil. Add noodles and cook according to package directions. Drain and set aside
2. Return saucepan to stove. Add sesame oil and heat over medium-high heat. Add ginger, bell pepper and scallions. Sauté for 1 minute; add noodles and soy sauce and toss well. Cover and set aside.
3. **Spicy Beef:** In a shallow bowl, stir together cornstarch and five-spice powder. Toss steak strips in mixture to coat.
4. In a deep skillet over high, heat oil. Sauté steak strips turning occasionally for about 3 minutes or until crispy and browned. Drain off any excess oil. Stir in hoisin, chili-garlic paste and rice vinegar.
5. Serve beef over noodles. Sprinkle sesame seeds.

EMILY RICHARDS, WITH FILES FROM THE ASSOCIATED PRESS

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT EMILYRICHARDSCOOKS.CA.

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RICHMOND
Aberdeen Mall
Brentwood Shopping Centre

VANCOUVER
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2228 W 4th Ave
Arbutus Village
City Square
3149 Kingsway
Cambie & Broadway
Tinseltown
East Hastings St West
Robson & Thurlow
Champlain Mall
152nd St
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SURREY
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Saucy clams for a prosperous year

Clams symbolize prosperity, green onions an open mind

LARRY CROWE/ THE ASSOCIATED PRESS

▶ The star of this dish may be the clams, but an oyster, soy and black bean sauce comes a close second.

Preparation:

1 In a large wok set over high, bring water to a boil. Add clams and return water to boil. Cook, stirring for about 5 minutes until clams begin to open. As the clams open, remove them to a large bowl. Continue until all of the clams have opened (discard any that do not open). Set clams aside. Discard water and wash and dry the wok.

2 **Sauce**: In small bowl, whisk together chicken stock, oyster sauce, soy sauce, sesame oil, cornstarch, sugar and white pepper. Set aside.

3 Heat wok over high heat for 40 seconds. Add peanut oil and using spatula, coat wok with oil. Add ginger, garlic and black bean sauce and stir to combine for about 1 minute or until garlic is fragrant. Add clams and stir for 2 minutes. Make a well in the centre of the clams and add sauce. Stir constantly for about 2 minutes or until sauce thickens and clams are thoroughly coated. Transfer to a warm serving dish and sprinkle with cilantro and green onion.

EMILY RICHARDS, WITH FILES FROM THE ASSOCIATED PRESS

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT EMILYRICHARDSCOOKS.CA.

Ingredients:

- 8 cups (2 L) water
- 30 medium clams, scrubbed with a stiff brush to remove sand and grit

Sauce

- 2/3 cup (150 mL) chicken stock
- 1 1/2 tbsp (22 mL) oyster sauce
- 1 1/2 tsp (7 mL) soy sauce
- 1 tsp (5 mL) sesame oil
- 1 tbsp (15 mL) cornstarch
- 1 tsp (5 mL) granulated sugar
- Pinch white pepper
- 3 tbsp (45 mL) peanut oil
- 2 tbsp (30 mL) peeled and shredded fresh ginger root
- 2 tbsp (30 mL) julienned garlic
- 3 tbsp (45 mL) black bean sauce
- 1 tbsp (15 mL) thinly sliced fresh cilantro
- 1 tbsp (15 mL) thinly sliced green onion tops

Enter the Rabbit

Chinese New Year celebrations will get underway today in Vancouver

DANIEL HO/VANCOUVER CHINATOWN MERCHANTS ASSOCIATION

▶ The Chinese New Year Parade is set to begin at noon on Sunday.

LINA TOYODA
@METRONEWS.CA

It's out with the tiger and in with the rabbit, as celebrations get hopping in Vancouver today to mark the Chinese New Year.

It's the Year of the Rabbit and according to the lunar calendar, the quiet rabbit is serene, sensitive and social, and so 2011 can be expected to be a calm year with strong ties to family and friends.

"The lunar new year for the Chinese community is a period of time that enables the gathering of family. Family members come together to share the joys and also enjoy themselves together," says Terence Pun, administrative manager of the Chinese Cultural Centre of Greater Vancouver.

Pun adds that everyone should have new plans for the coming year, as it is the time to set the intention to make improvements for next year.

"All these plans should be made in the very beginning of the Chinese New Year."

Culture and celebration will once again culminate in the Chinatown Spring Festival happening Sunday as the annual Chinese New Year Parade gets underway with colourful lion dances, music troupes and marching bands.

"We should call it the Lunar New Year because it's not really just Chinese. Other Asian countries also celebrate the lunar new year."
JUN NG, 2011 PARADE CO-ORDINATOR

The two-hour parade starts at noon on Sunday at Millenium Gate in Chinatown heading east along Pender Street, south onto Gore Street and west on Keefer Street.

Following the parade, the festival continues on until 4 p.m. at Dr. Sun Yat-Sen Classical Chinese Garden with performances including cultural operas, martial arts demonstrations and a lion dance grand finale.

The family-friendly event in the courtyard will have a "hot and noisy" theme this year with activities like firecrackers, red couplet making, and children's lion parades to teach the traditions of this thousands-year-old holiday.

The Chinese New Year Banquet will close the evening at Floata Seafood Restaurant located at 180 Keefer St. Tickets are $35 for dinner, variety show, and greetings by the fortune god. The reception begins at 6 p.m.

Co-ordinator of the 2011 Spring Festival Shirley Mok of the Chinese Benevolent Association says this year's celebration is expected to be the biggest one to date in Vancouver, attracting 60,000 spectators and the largest gathering of lion dance performers in Canada.

Golden Village

Celebrations will be happening in the heart of "new Chinatown" throughout the week. Here is a sampling of the festivities in Richmond, B.C.

▶ Feb. 5 (Saturday): Kicking Off CNY Weekend Festivities

• Chinese Orchestra Performance by B.C. Chinese Music Association; 1:30 p.m. — 2:30 p.m., Central Atrium.

• Celebrations of the Year of the Rabbit by Vancouver Academy of Dance & Strathcona Chinese Dance Co.; 3:15 p.m. - 4:15 p.m.

▶ Feb. 6 (Sunday)

• Golden Dragon and Lion Dance Show starts at 11 a.m., Outdoor Courtyard.

• Store-to-Store Pick the Green; starts at 12:30 p.m., all mall levels.

• Chinese Dance Celebration by Colours of Dance Academy; 1:30 p.m. — 2:30 p.m., Central Atrium.

• Chinese Orchestra Performance by BC Zhong Yang Music & Arts Academy; 3 p.m. – 4 p.m.

▶ Feb. 13: Wrapping up the Celebration

• Tom Lee Music Year of the Rabbit Spring Festival Concert; 2 p.m. – 3 p.m., Central Atrium.

ABERDEENCENTRE.COM

Parading 38 years of Chinese New Year celebrations

LINA TOYODA
@METRONEWS.CA

Ringing in the lunar new year in traditional form for Vancouver's vibrant Chinese community has long been in the making.

The instant success of the inaugural Chinese New Year Parade 38 years ago led to its expansion in leaps and bounds. Since 1979, the popular event has been headed by the Chinese Benevolent Society with the support of the Chinese Cultural Centre and a growing number of community organizations.

Parade co-ordinator Jun Ng says the idea was to promote unity within the community, and to have everyone come out and celebrate this very important event because the lunar new year is like Christmas to the Chinese community.

"The other thing was we wanted to promote the culture so other people are aware of this particular culture," Ng said. "But over the years the event has taken on a multicultural road to it as well. So it has evolved."

One thing that hasn't changed, Ng says, is that the parade still features the largest collection of traditional lion dance teams. Accompanied by live music and marching bands, the brightly painted lions never fail to create an audiovisual spectacle.

The parade has steadily grown over the years with the arrival of new Chinese immigrants, and 2011 will see over 3,000 participants from local, cultural and community groups.

Ng says the community has remained at the heart of the lunar new year festival rather than it becoming a commercial event over the years.

"It's a very, very happy occasion and for the Chinese, red is always the auspicious colour so all the participants follow this custom by giving away red envelopes," Ng said.

"It's usually from someone elder to somebody younger to wish them good luck."

DANIEL HO/VANCOUVER CHINATOWN MERCHANTS ASSOCIATION

▶ This year's Chinese New Year Parade will see over 3,000 participants from local, cultural and community groups.

Shopping for a new home?
Now is the time to take the leap.

Celebrate the Year of the Rabbit!
Get up to a $13,888 lucky money credit,
a $500 gift card and
a chance to win a pure gold rabbit!

Celebrate Chinese New Year by getting a jump on the housing market and saving thousands of dollars! From now until February 28, 2011, purchase a home at UPTOWN or PARK PLACE and receive a:

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- **$11,888 credit** on a 2 Bedroom Suite
- **$13,888 credit** on a 2 Bedroom + Den/Flex or Larger Suite

Special Bonus Days: If you purchase at the PARK PLACE sales centre on February 5 or at the UPTOWN sales centre on February 6 you will receive a $500 gift card and a chance to win one of ten pure gold rabbits. This is a golden investment opportunity. Better hop to it.

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Tel: 604.899.8800

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Surrey Presentation Centre:
9887 Whalley Blvd.
(near the King George Skytrain Station)
Open daily noon to 6pm, except Friday
Tel: 604.583.9866

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CONCORD PACIFIC

What does the Year of the Rabbit have in store for you?

Feng Shui master Paul Ng offers up his analysis for your Chinese New Year horoscope Check yours out

Rabbit

1999 1987 1975 1963 1951 1939

Rabbit people favour people relations. They receive a lot of help from the opposite gender. Nevertheless, this is also a "rabbit" year, which can cause rabbit people to make more effort to get anything done. They tend to lack energy. Hence, rabbit people must rest well, eat properly and exercise well. There shall be no gambling or speculations.

Dragon

2000 1988 1976 1964 1952 1940

Be careful of legal conflicts and accidents, especially those to do with traffic. You are very creative and spiritual. This year favors the male dragon more than the female. Female dragons tend to run into stumbling blocks. Their male counterparts tend to have more luck.

Snake

2001 1989 1977 1965 1953 1941

Snake people are in for a year of wealth. It would also be good for you to learn something new or to get involved in business. However, your romances may tend to be unstable. You will feel lonely at times. Beware of health of your elderly family members.

Horse

1990 1978 1966 1954 1942 1930

There will be plenty of romance. You will be lucky, especially if you are in power. Even speculative money may favour you. However, you may run into people issues. You should not be overly reliant on other people.

Sheep

1991 1979 1967 1955 1943 1931

This is a very lucky year for you. You will have plenty of help and luck. Financially, you will be sound. If you work for other people, you could be promoted. If you are self-employed, you should expand. You may run into jealousy. Hence, you should stay low key.

Monkey

1992 1980 1968 1956 1944 1932

This is a year of travel for you. Your finances will be sound. You should expand your business. You may be promoted. You will have many female helpers.

GETTY IMAGES

Rooster

1993 1981 1969 1957 1945 1933

This could be a negative year for you, including loss of money. Do not gamble or speculate. Beware of people and legal issues. Be humble. Think before you act.

Dog

1994 1982 1970 1958 1946 1934

This is a year of connection. Your money sign is strong. You will have plenty of ideas and good people relations. Your work will be smooth. This is your year for expansion.

Boar

1995 1983 1971 1959 1947 1935

This is a golden connection year for you. Your people relations are good. You can expand what you do. You have a powerful learning and analytical sign that allows you to acquire new knowledge. You will have to do most of the work on your own. Hence, this is also a hard-working year for you.

Rat

1996 1984 1972 1960 1948 1936

This is a romantic year for you. However, you will have arguments and controversies. Beware of people issues, especially to do with relations. You will be travelling a lot and may even move.

OX

1997 1985 1973 1961 1949 1937

You will have luck and stability at work. Nevertheless, you tend to feel lonely. You will be prone to accidents. Beware of a surgery.

TIGER

1998 1986 1974 1962 1950 1938

Beware of your health. Your relations with people tend to be weak and controversial. You prefer mobility to stability. Your wealth tends to come from a distance.

HOROSCOPES COURTESY OF PAUL NG AND THE SING TAO NEWSPAPER.

Chinatown Timeline

1895

CBA
Chinese Benevolent Association (CBA) of Vancouver was founded by six pioneers to establish an organization that provides support and leadership to the Chinese-Canadian community.

1906

CBA REGISTRATION
CBA was formally registered as a non-profit organization in B.C.

1924 - 67

IMMIGRATION LAWS
CBA made numerous petitions to amend immigration laws and appealed to grant Chinese-Canadians the right-to-vote in 1947.

1973

CCC
The Chinese Cultural Centre (CCC) of Vancouver was founded to support the proposal of a community centre in Chinatown.

1974

CCC REGISTRATION
CCC was registered with provincial and federal government as nonprofit, charitable organization. A block was designated in Chinatown. It organized a parade.

1980 - 81

COMPLEX
The first administration and education complex was completed. A commercial complex followed in 1981.

1986

HALL AND GARDEN
The completion of the Dr. David Lam Multipurpose Hall, and the Dr. Sun Yat-Sen Classical Chinese Garden.

2001

MILESTONE
Chinese Benevolent Society marks 100th anniversary

2011

MILESTONE
38th annual Chinese New Year Parade happens on Sunday Feb. 6.

LINA TOYODA
SOURCES: CCCVAN.COM & CBAVANCOUVER.CA

Sanchez gets deal with Lions

It took a year longer than expected but Canadian cornerback Davis Sanchez finally got the long-term contract he wanted with the B.C. Lions.

Sanchez has agreed to a deal that will keep him with the Lions until 2013. The 36-year-old native of Delta believes the experience he's gained over a decade in the league compensates for the mileage on his body.

"As you get older, you have to take your advantages," Sanchez told a news conference yesterday at the Lions practice facility. "I use my smarts and where I have to be and what I have to do. I think that's the advantage I have now after I lost a step, or a step and a half."

Even though he is under contract until 2013, he doubts he will play that long.

"Chances are I'll play this year and it will probably be my last," he said.

Sanchez joined the Lions as a free agent last season after four years with Montreal. He was looking for a long-term deal then, but Wally Buono, B.C.'s coach and general manager, took a wait-and-see approach.

"We had a conversation on the fact he had to come here and prove himself," Buono said. "He proved to me last year a lot of things I wasn't 100 per cent sold on earlier."

In 15 games last year Sanchez had 37 tackles, two interceptions and six pass knockdowns. He returned an interception 54 yards for a touchdown July 30 against Edmonton. It was B.C.'s only touchdown off an interception all season.

A dislocated elbow in Week 16 ended Sanchez's season. The elbow is healing fine and he will be ready to start the season.

THE CANADIAN PRESS

CHRISTIAN PETERSEN/GETTY IMAGES

▶ Cody Hodgson races up ice with the puck past Sami Lepisto, left, and Kyle Turris of the Phoenix Coyotes last night.

Canucks keep rolling along

Hodgson scores first NHL goal in second game and Kesler notches two to reach 30 on the season Coyotes have now lost four of last five games

CANUCKS	COYOTES
6	0

Roberto Luongo made 23 saves for his 54th NHL shutout and third of the season, and the Vancouver Canucks routed the struggling Phoenix Coyotes 6-0 last night.

Cody Hodgson scored his first goal, Ryan Kesler added a pair and Alex Burrows, Jannik Hansen and Mason Raymond also scored for the Canucks, who have won four straight and secured points in their seventh consecutive contest.

The Coyotes have allowed 11 straight goals since taking a 3-0 lead midway through the second period Tuesday in a 5-3 loss at San Jose.

Vancouver took advantage of sloppy passing to score against Ilya Bryzgalov.

The Canucks opened the scoring 3:46 in when Daniel Sedin intercepted a clearing pass by Scottie Upshall, turned toward the net and fired a shot that was redirected in by Burrows.

Hansen made it 2-0 at 1:38 of the second when he skated in and fired a wrist shot from a long rebound from between the bottom of the circles as both Coyotes defencemen stood watching.

Hodgson got his first goal at 12:06 with a wrist shot from the right circle after he carried the puck the width of the ice.

The Canucks made it 4-0 at 6:41 of the third when Mikael Samuelsson passed to a streaking Kesler for a two-on-one break with Mason Raymond. Kesler deked Adrian Aucoin and fired a shot under the crossbar.

Raymond scored at 11:37 and ended the night for Bryzgalov, who allowed five goals on 31 shots.

Kesler netted his 30th unassisted effort at 17:32.

THE ASSOCIATED PRESS

4 sports

Quoted

"I am very conscious of the legacy that is the Pittsburgh Steelers. I simply want to add to it."
STEELERS COACH MIKE TOMLIN

"When you walk into your building every day and you have pictures of Curly Lambeau, Vince Lombardi and Mike Holmgren, our history is among us all of the time."
PACKERS COACH MIKE MCCARTHY

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	51	33	13	2	3	174	134	71	16-7-0-2	17-6-2-1	7-3-0-0	L1
d-Tampa Bay	52	32	15	3	2	158	154	69	17-4-1-1	15-11-2-1	7-3-0-0	W6
d-Boston	51	29	15	2	5	155	114	65	13-9-1-2	16-6-1-3	7-3-0-0	W2
Pittsburgh	52	33	15	2	2	161	117	70	18-9-1-0	15-6-1-2	7-3-0-0	W4
Washington	52	27	15	5	5	142	132	64	16-5-2-5	11-10-3-0	3-3-2-2	L3
Montreal	52	29	18	4	1	136	127	63	17-6-3-1	12-12-1-0	6-2-1-1	W2
NY Rangers	53	29	20	2	2	151	130	62	12-11-1-2	17-9-1-0	5-5-0-0	L2
Atlanta	53	24	20	3	6	153	170	57	12-10-1-4	12-10-2-2	2-5-1-2	L1
Carolina	51	25	20	2	4	155	158	56	13-9-1-1	12-11-1-3	5-5-0-0	L1
Buffalo	49	23	21	5	0	137	144	51	11-12-1-0	12-9-4-0	7-3-0-0	W2
Florida	51	22	23	2	4	136	138	50	11-8-2-3	11-15-0-1	3-3-1-3	L3
Toronto	50	20	25	2	3	128	156	45	11-11-2-2	9-14-0-1	4-5-0-1	W1
Ottawa	52	17	27	5	3	114	169	42	9-15-2-2	8-12-3-1	1-7-1-1	L8
NY Islanders	51	16	28	3	4	123	166	39	8-12-1-3	8-16-2-1	3-7-0-0	L1
New Jersey	50	17	30	2	1	103	145	37	10-13-1-1	7-17-0-1	7-2-1-0	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	52	33	10	4	5	175	122	75	17-3-1-4	16-7-3-1	5-2-1-2	W4
d-Detroit	50	31	13	4	2	173	148	68	15-6-3-1	16-7-1-1	6-3-0-1	W2
d-Dallas	51	30	16	1	4	148	141	65	16-7-1-3	14-9-0-1	6-3-0-1	L1
Nashville	51	27	17	4	3	136	122	61	11-4-3-3	16-13-1-0	5-4-0-1	L3
San Jose	52	27	19	4	2	148	144	60	13-10-2-1	14-9-2-1	6-3-0-1	W2
Anaheim	53	28	21	2	2	143	150	60	17-8-0-1	11-13-2-1	7-3-0-0	L1
Phoenix	53	25	19	6	3	152	156	59	10-10-3-2	15-9-3-1	4-6-0-0	L2
Chicago	51	27	20	2	2	164	143	58	16-13-0-0	11-7-2-2	6-3-0-1	W1
Minnesota	50	26	19	1	4	131	134	57	12-11-0-2	14-8-1-2	6-4-0-0	W2
Colorado	50	25	19	6	0	161	165	56	14-11-3-0	11-8-3-0	4-5-1-0	L1
Los Angeles	52	28	22	1	1	146	126	58	17-9-1-0	11-13-0-1	5-4-0-1	W1
Calgary	52	25	21	2	4	147	154	56	14-9-0-1	11-12-2-2	7-1-1-1	W5
St. Louis	49	22	20	3	4	130	146	51	15-8-1-2	7-12-2-2	2-7-1-0	L4
Columbus	50	23	22	3	2	134	159	51	12-12-0-1	11-10-3-1	3-5-1-1	L2
Edmonton	50	15	27	1	7	123	171	38	7-14-1-3	8-13-1-3	2-7-0-1	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Detroit 7 Ottawa 5
Pittsburgh 3 N.Y. Islanders 0
Montreal 3 Florida 2
Vancouver 6 Phoenix 0
Los Angeles 3 Edmonton 1
San Jose 4 Anaheim 3
Tuesday's results
Calgary 3 Nashville 2 (SO)
Montreal 3 Washington 2 (SO)
Toronto 4 Florida 3 (SO)
Vancouver 4 Dallas 1
New Jersey 2 Ottawa 1
Boston 3 Carolina 2
Chicago 7 Columbus 4
Minnesota 1 Los Angeles 0 (SO)
N.Y. Islanders 4 Atlanta 1
Pittsburgh 4 N.Y. Rangers 3 (SO)
San Jose 5 Phoenix 3
Tampa Bay 4 Philadelphia 0
Colorado at St. Louis (ppd., storm)
Tonight's games
(all times Eastern)
Dallas at Boston, 7 p.m.
Carolina at Toronto, 7 p.m.
New Jersey at N.Y. Rangers, 7 p.m.
Nashville at Philadelphia, 7 p.m.
Calgary at Atlanta, 7 p.m.
Minnesota at Colorado, 9 p.m.
Tomorrow's games
Florida at New Jersey, 7 p.m.
Buffalo at Pittsburgh, 7 p.m.
Columbus at Detroit, 7 p.m.
Washington at Tampa Bay, 7:30 p.m.
Edmonton at St. Louis, 8 p.m.
Chicago at Vancouver, 10 p.m.

RED WINGS 7, SENATORS 5

First Period
1. Ottawa, Kovalev 10 (Gonchar, Karlsson) 1:15 (pp)
2. Detroit, Franzen 22 (Salei) 6:52
3. Detroit, Franzen 23 (Zetterberg, Bertuzzi) 7:40
4. Ottawa, Regin 2 (Kovalev, Campoli) 8:40
5. Ottawa, Campoli 2 (Alfredsson, Foligno) 11:12
Penalty — Kronwall Det (slashing) 0:32.
Second Period
6. Detroit, Draper 5 (Eaves, Helm) 10:36
7. Detroit, Kronwall 9 (Lidstrom) 10:49
8. Ottawa, Michalek 12 (Regin, Campoli) 11:18
Penalty — Fisher Ott (tripping) 19:10.
Third Period
9. Detroit, Franzen 24 (Zetterberg, Rafalski) 0:30 (pp)
10. Ottawa, Michalek 13 (Kovalev, Regin) 0:59
11. Detroit, Franzen 25 (Rafalski, Lidstrom) 7:10
12. Detroit, Franzen 26 (Zetterberg) 19:26 (en)
Penalties — Campoli Ott (hooking) 5:59, Phillips Ott (cross-checking) 6:51, Bertuzzi Det (slashing) 16:40, Neil Ott (misconduct) 19:48.
Shots on goal by

Detroit	13	12	13—38
Ottawa	11	15	8—34

Goal (shots-saves) — Detroit: Howard (W,25-8-3); Ottawa: Lehner (19-15), Elliott (L,13-17-7)(10:49 second, 19-17).
Power plays (goals-chances) — Detroit: 2-3; Ottawa: 1-2.
Referees — Mike Leggo, Kevin Pollock. **Linesmen** — Rody Vaughan, Mark Wheeler.
Attendance — 18,011 (19,153) at Ottawa.

CANADIENS 3, PANTHERS 2

First Period
1. Florida, Timmins 1 (Olesz, Bernier) 7:30
Penalties — Reasoner Fla (tripping) 0:40, Allen Fla (interference) 7:30, Spacek Mtl (slashing) 12:05.
Second Period
2. Montreal, Halpern 8 (Subban) 4:50
Penalties — Wisniewski Mtl (interference) 5:37, Wideman Fla (holding) 16:00, Wideman Fla (hooking) 19:43.
Third Period
3. Montreal, Plekanec 17 (Pacioretty) 5:46
4. Montreal, Gionta 19 (Pacioretty) 11:32
5. Florida, Weiss 15 (Frolik, Kulikov) 17:50
Penalties — Frolik Fla (high-sticking) 14:49, Gomez Mtl (high-sticking) 15:40.
Shots on goal by

Florida	6	15	14—35
Montreal	10	15	16—41

Goal — Florida: Vokoun (L,17-17-3); Montreal: Auld (W,4-2-0). **Power plays (goals-chances)** — Montreal: 0-5; Florida: 0-3.
Attendance — 21,273 (21,273) at Montreal.

CANUCKS 6, COYOTES 0

First Period
1. Vancouver, Burrows 13 (D.Sedin) 3:46
Penalties — None.
Second Period
2. Vancouver, Hansen 6 (L.Sweatt, Raymond) 1:38
3. Vancouver, Hodgson 1 (Tambellini, Hamhuis) 12:06
Penalties — Kesler Vcr (roughing) 16:20, Rozsival Phx (hooking) 19:25.
Third Period
4. Vancouver, Kesler 29 (Samuelsson) 6:41
5. Vancouver, Raymond 10 (Samuelsson) 11:37
6. Vancouver, Kesler 30, 17:32
Penalties — Yandle Phx (misconduct) 18:31, Glass Vcr (delay of game) 19:05.
Shots on goal by

Vancouver	8	13	12—33
Phoenix	9	8	6—23

Goal (shots-saves) — Vancouver: Luongo (W,24-8-7); Phoenix: Bryzgalov (L,19-14-6) (31-26), LaBarbera (11:37 third)(2-1).
Power plays (goals-chances) — Vancouver: 0-1; Phoenix: 0-2.
Referees — Bill McCreary, Francois St. Laurent.
Linesmen — Scott Driscoll, Dan Schachte.
Attendance — 13,157 (17,135) at Glendale, Ariz.

KINGS 3, OILERS 1

First Period — No Scoring.
Penalties — Williams LA (hooking) 6:29, Stoll LA (tripping) 11:58, Brown LA (slashing) 15:47.
Second Period
1. Edmonton, Paajarvi 7 (Gagner, Omark) 3:21
2. Los Angeles, Smyth 20 (Doughty, Johnson) 3:45 (pp)
3. Los Angeles, Smyth 21 (Doughty, Johnson) 9:47 (pp)
Penalties — Peckham Edm (delay of game) 0:39, Penner Edm (elbowing) 3:40, Peckham Edm (holding) 8:45, Mitchell LA (high-sticking) 10:13, Jones Edm (hooking) 17:40.
Third Period
4. Los Angeles, Johnson 5, 14:52
Missed penalty shot — Stoll LA, 4:13.
Penalties — Mitchell LA, Jacques Edm (roughing) 2:58, Doughty LA (tripping) 19:33.
Shots on goal by

Los Angeles	5	10	11—26
Edmonton	12	10	11—33

Goal — Los Angeles: Quick (W,23-14-1); Edmonton: Khabibulin (L,8-23-2). **Power plays (goals-chances)** — Los Angeles: 2-4; Edmonton: 0-5.
Attendance — 16,839 (16,839) at Edmonton.

SCORING LEADERS

	G	A	PT
Stamkos, TB	39	29	68
Crosby, Pgh	32	34	66
D.Sedin, Vcr	27	39	66
St. Louis, TB	20	42	62
H.Sedin, Vcr	11	51	62
B.Richards, Dal	20	38	58
Zetterberg, Det	16	37	53
E.Staal, Car	25	27	52
Perry, Ana	25	26	51
Ovechkin, Wash	19	32	51
Eriksson, Dal	18	32	50
Kopitar, LA	16	33	49
Kesler, Vcr	28	20	48
Sharp, Chi	26	21	47
Iginla, Cal	22	25	47
Giroux, Pha	19	28	47
M.Richards, Pha	17	30	47
Backstrom, Wash	12	34	46
Ribeiro, Dal	10	36	46
Briere, Pha	26	19	45
Duchene, Col	20	25	45
Selanne, Ana	15	30	45
J.Thornton, SJ	14	31	45
Yandle, Phx	9	36	45
J.Carter, Pha	23	21	44
Nash, Clb	23	21	44
Heatley, SJ	18	26	44

Not including last night's games

SKIING

FREESTYLE WORLD CUP

At Deer Valley, Utah
Yesterday's results
Women
1. Jennifer Heil, Spruce Grove, Alta., 24.35 points; 2. Hannah Kearney, U.S., 24.31; **3. Kristi Richards, Summerland, B.C., 23.71**; 4. Ekaterina Stolyarov, Russia, 23.60; 5. Eliza Outtrim, U.S., 23.17.
Men
1. Guilbaut Colas, France, 26.26 points; **2. Alexandre Bilodeau, Montreal, 25.66**; **3. Mikael Kingsbury, Deux-Montagnes, Que., 25.57**; 4. Jeremy Cota, U.S., 24.74; 5. Alexandr Smyshlyaev, Russia, 24.21.

CURLING

CANADIAN JR CHAMPIONSHIP

At Calgary
WOMEN

Province (Skip)	W	L
Alberta (Chyz)	10	0
Saskatchewan (T.Paulsen)	8	2
Manitoba (B.Meakin)	6	4
New Brunswick (Armstrong)	6	4
B.C. (Silvertson)	6	4
P.E.I. (Fullerton)	6	5
Northern Ont. (Johnston)	5	5
Ontario (Grandy)	5	5
Yukon (Koltun)	5	5
Nova Scotia (Doucet)	4	6
N.L. (Porter)	3	7
Quebec (Routledge)	2	9
NWT (Williams)	0	10

Yesterday's results
Draw 10
Alberta 5 P.E.I. 4
Manitoba 6 Northwest Territories 4
Northern Ontario 9 Ontario 8 (extra end)
Nova Scotia 9 B.C. 8 (extra end)
Saskatchewan 9 Newfoundland & Labrador 2
Yukon 12 Quebec 2
Draw 11
Alberta 7 Quebec 6
B.C. 12 Ontario 7
New Brunswick 11 Northern Ontario 3
P.E.I. 8 Manitoba 7 (extra end)
Saskatchewan 10 Nova Scotia 2
Yukon 11 Northwest Territories 1
Today's games
(all times Eastern)
Draw 12
At North Hill C.C., 3 p.m.
Alberta vs. B.C.; Ontario vs. Saskatchewan; Manitoba vs. Yukon.
At Glencoe C.C., 4 p.m.
Northern Ontario vs. Nova Scotia; Northwest Territories vs. Newfoundland & Labrador; Quebec vs. New Brunswick.
Draw 13
At North Hill C.C., 7:30 p.m.
Yukon vs. Ontario; Saskatchewan vs. Alberta; B.C. vs. Manitoba.
At Glencoe C.C., 8:30 p.m.
Nova Scotia vs. P.E.I.; Newfoundland & Labrador vs. Northern Ontario; New Brunswick vs. Northwest Territories.
End of Round Robin
MEN

Province (Skip)	W	L
Saskatchewan (Moskowy)	10	0
Ontario (Camm)	8	2
N.L. (C.Thomas)	6	4
Nova Scotia (K.Thompson)	6	4
Alberta (Hodgson)	6	4
New Brunswick (Rennie)	6	4
Yukon (T.Scoffin)	5	5
Northern Ont. (Johnston)	4	6
Manitoba (Good)	4	6
P.E.I. (Pitre)	4	7
NWT (C.Miller)	3	7
B.C. (Gardner)	2	8
Quebec (Bourget)	2	9

Yesterday's results
Draw 10
Alberta 7 P.E.I. 6 (extra end)
Manitoba 9 Northwest Territories 3
Nova Scotia 9 B.C. 4
Ontario 10 Northern Ontario 7
Saskatchewan 5 Newfoundland & Labrador 2
Yukon 9 Quebec 3
Draw 11
Alberta 8 Quebec 3
New Brunswick 7 Northern Ontario 6
Northwest Territories 7 Yukon 4
Ontario 10 B.C. 3
P.E.I. 8 Manitoba 5
Saskatchewan 11 Nova Scotia 5
Today's games
(all times Eastern)
Draw 12
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Draw 13
At North Hill C.C., 7:30 p.m.
Yukon vs. Ontario; Saskatchewan vs. Alberta; B.C. vs. Manitoba.
At Glencoe C.C., 8:30 p.m.
Nova Scotia vs. P.E.I.; Newfoundland & Labrador vs. Northern Ontario; New Brunswick vs. Northwest Territories.
End of Round Robin

SOCCER

ENGLAND
PREMIER LEAGUE

Yesterday's results
Birmingham 2 Manchester City 2
Blackburn 0 Tottenham 1
Blackpool 1 West Ham 3
Bolton 1 Wolverhampton Wanderers 0
Fulham 1 Newcastle 0
Liverpool 2 Stoke 0

ITALY
SERIE A

Yesterday's results
AS Roma 1 Brescia 1
Cesena 1 Catania 1
Chievo Verona 2 Napoli 0
Fiorentina 1 Genoa 0
Palermo 2 Juventus 1
Parma 0 Lecce 1
Sampdoria 0 Cagliari 1
Udinese 1 Bologna 1

SCOTLAND
PREMIER LEAGUE

Yesterday's results
Hibernian 2 St. Mirren 0
Motherwell 0 Kilmarnock 1
Rangers 1 Hearts 0

SPAIN
COPA DEL REY

SEMIFINALS — RETURN LEG
Yesterday's results
Almeria 0 Barcelona 3
(Barcelona advances on 8-0 aggregate)
Real Madrid 2 Sevilla 0
(Real Madrid advances 3-0)

TENNIS

ATP PBZ ZAGREB INDOORS

At Zagreb, Croatia
Yesterday's results
Singles — Second Round
Marin Cilic (1), Croatia, def. Igor Kunitsyn, Russia, 7-6 (3), 6-2.
Guillermo Garcia-Lopez (3), Spain, def. Lukas Lacko, Slovakia, 6-1, 2-6, 6-2.
Florian Mayer (5), Germany, def. Radek Stepanek, Czech Republic, 7-6 (3), 6-3.

ATP SA OPEN

At Johannesburg
Yesterday's results
Singles — First Round
Frank Dancevic, Niagara Falls, Ont., def. Feliciano Lopez (1), Spain, 6-7 (5), 6-2, 7-6 (8).
Jesse Huta Galung, Netherlands, def. Janko Tipsarevic (3), Serbia, 6-7 (4), 6-4, 7-6 (4).
Go Soeda, Japan, def. Rainer Schuettler (7), Germany, 3-6, 6-4, 6-4.
Second Round
Simon Greul, Germany, def. **Milos Raonic, Thornhill, Ont.**, 7-6 (5), 6-4.
Doubles – First Round
James Cerretani, U.S., and **Adil Shamasdin, Pickering, Ont.**, def. Kevin Anderson and Fritz Wolmarans, South Africa, 7-6 (1), 6-4.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Toronto	5	4	1	.800	62	50	—
Philadelphia	5	3	2	.600	46	45	1
Buffalo	4	2	2	.500	38	38	1½
Rochester	4	2	2	.500	38	48	1½
Boston	6	3	3	.500	55	46	1½

WEST DIVISION

Minnesota	4	3	1	.750	46	37	—
Calgary	6	4	2	.667	71	69	—
Washington	5	2	3	.400	59	64	1½
Colorado	4	1	3	.250	39	41	2
Edmonton	5	0	5	.000	44	59	3½

WEEK FIVE
Tomorrow's game
Minnesota at Buffalo, 7:30 p.m.
Saturday's games
Philadelphia at Rochester, 2 p.m.
Toronto at Boston, 7:30 p.m.
Washington at Colorado, 9 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Boston	37	11	.771	—
d-Chicago	34	14	.708	3
d-Miami	34	14	.708	3
Atlanta	31	18	.633	6½
Orlando	31	18	.633	6½
New York	25	23	.521	12
Philadelphia	22	26	.458	15
Charlotte	21	27	.438	16
Indiana	19	27	.413	17
Milwaukee	19	28	.404	17½
Detroit	17	32	.347	20½
New Jersey	15	35	.300	23
Washington	13	35	.271	24
Toronto	13	37	.260	25
Cleveland	8	41	.163	29½

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	40	8	.833	—
d-L.A. Lakers	34	15	.694	6½
Dallas	33	15	.688	7
d-Oklahoma City	31	17	.646	9
New Orleans	32	19	.627	9½
Denver	29	20	.592	11½
Utah	29	21	.580	12
Portland	26	23	.531	14½
Memphis	26	24	.520	15
Phoenix	23	24	.489	16½
Houston	23	28	.451	18½
Golden State	20	27	.426	19½
L.A. Clippers	19	29	.396	21
Sacramento	12	34	.261	27
Minnesota	11	37	.229	29

d — division leader
Last night's results
Atlanta 100 Toronto 87
Charlotte 97 Detroit 87
Chicago 106 L.A. Clippers 88
Dallas 113 New York 97
Denver 109 Portland 90
Houston 97 Utah 96
Indiana 117 Cleveland 112
Memphis 102 Minnesota 84
Oklahoma City 104 New Orleans 93
Philadelphia 106 New Jersey 92
Phoenix 92 Milwaukee 77
Tuesday's results
Boston 95 Sacramento 90
L.A. Lakers 114 Houston 106 (OT)
New Orleans 97 Washington 89
Portland 99 San Antonio 86
Tonight's games
(all times Eastern)
Miami at Orlando, 8 p.m.
Milwaukee at Golden State, 10:30 p.m.
San Antonio at L.A. Lakers, 10:30 p.m.

HAWKS 100, RAPTORS 87

TORONTO (87)
Weems 5-14 2-3 12, A.Johnson 8-11 4-4 20, Bargnani 4-12 4-4 12, Calderon 3-12 4-4 11, DeRozan 8-17 0-0 16, Davis 1-3 1-2 3, Bayless 2-4 2-2 6, Wright 0-0 0-0 0, T.Johnson 1-2 1-2 3, Ajinca 2-3 0-0 4. Totals 34-78 18-21 87.
ATLANTA (100)
M.Evans 5-7 0-0 12, Smith 9-14 0-0 18, Horford 6-13 0-0 12, Bibby 2-9 0-0 6, J.Johnson 15-21 2-3 37, Ja.Crawford 2-6 2-3 7, Wilkins 0-2 0-0 0, Pachulia 2-2 2-3 6, Teague 1-2 0-0 2. Totals 42-76 6-9 100.

Toronto	24	21	24	18	—87
Atlanta	28	26	21	25	—100

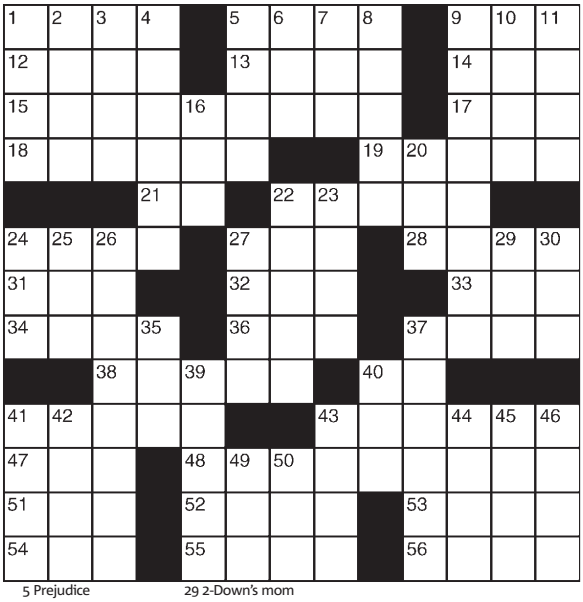
3-Point Goals—Toronto 1-5 (Calderon 1-3, Bargnani 0-2), Atlanta 10-24 (J.Johnson 5-8, M.Evans 2-3, Bibby 2-7, Ja.Crawford 1-3, Wilkins 0-1, Smith 0-2). Fouled Out—None. Rebounds—Toronto 41 (A.Johnson 14), Atlanta 43 (Horford 14). Assists—Toronto 22 (Calderon 10), Atlanta 30 (J.Johnson 8). Total Fouls—Toronto 14, Atlanta 19. Technicals—DeRozan, Toronto Coach Triano, Toronto defensive three second 2, Atlanta defensive three second. A—14,025 (18,729) at Atlanta.

NFL

SUPER BOWL XLV

Sunday's game
At Arlington, Texas
Pittsburgh (AFC) vs. Green Bay (NFC), 6:30 p.m.

Crossword



Across
1 Tranquil
5 Ointment
9 — de deux
12 Do as you're told
13 Pelvic bones
14 Joan of —
15 Rag
17 Shell-game item
18 Respectable people?
19 Glisten
21 "Behold!"
22 Dim, as with tears
24 Vex
27 Cattle call
28 Molt
31 D.C. VIP
32 Fall back
33 Rd.
34 Fellows
36 Rushmore figure
37 Ragout or ratatouille
38 Unhealthily pale
40 "I see"
41 SeaWorld attraction
43 Big flop
47 Chance
48 Tatum O'Neal's first movie
51 Tramcar contents
52 Verve
53 Felipe of baseball
54 Apiece
55 Tear in two
56 Untouchable Eliot

Down
1 Scoop holder
2 First victim
3 Naughty
4 Yours truly
5 Prejudice
6 Matterhorn, for one
7 Whopper
8 Mrs. Homer Simpson
9 Wearable origami?
10 Neighborhood
11 Con
16 Expert
20 Part of UNLV
22 Coventry cop
23 Earring locale
24 Fuel economy stat
25 Debtor's letters
26 Zapper ancestor
27 Vegan's no-no
29 2-Down's mom
30 Morning moisture
35 Our uncle
37 Tribal magician
39 "Great!"
40 Melody
41 Buy stuff
42 Aesopian also-ran
43 Stave (off)
44 Unrivaled
45 Dove's vocabulary
46 Responsibility
49 Brewery product
50 Skillet

▶ Yesterday's answer

D	A	S	H		P	A	L		M	A	M	A
A	I	N	U		A	M	Y		O	R	A	L
D	R	A	M	A	T	I	C		N	O	R	A
A	S	P	I	R	E		R	E	A	M	E	R
			D	E	L		A	G	R	A		
B	I	D		A	L	E		O	C	T	E	T
A	D	O	S		A	N	Y		H	I	V	E
R	O	G	U	E		D	A	M		C	A	N
			M	A	K	E		N	A	B		
S	H	A	V	E	N		K	A	R	A	T	S
K	I	T	E		T	H	E	M	A	T	I	C
I	R	I	S		R	U	E		G	O	G	O
S	E	C	T		Y	E	S		S	P	E	W

Sudoku

	2		8		1		7	
		8	3		4	1		
5								2
		7		6		5		
3								7
		4		3		8		
2								8
		3	6		9	2		
	1		7		2		9	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

2	1	9	7	4	8	5	3	6
8	7	5	3	9	6	2	1	4
6	4	3	1	2	5	7	8	9
1	5	2	9	8	3	4	6	7
7	3	4	5	6	2	1	9	8
9	6	8	4	7	1	3	2	5
5	8	1	6	3	4	9	7	2
3	2	7	8	5	9	6	4	1
4	9	6	2	1	7	8	5	3

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Boobear, You are the sweetest person I've ever met. The last 3 years have been amazing and I cant wait to spend the rest of my life with you. Love you always, **YOUR NARNAR**

Angelito G.Q. , WOW is your 10th birthday!!! we feel so blessed to have you as our son. You are a caring brother and a truly amazing boy. May God keep on blessing you. Te Amo **MAMI, PAPI & ANDRES =)**

Eliza, you are so special for me. Sans toi je ne peux pas continue. Life is too short and i want just you & me live together & happy for forvever. je ne bois pas, je ne fume pas, ma seule drouge c'est toi ...

John, my alpha and omega. Your the beginning and end of my days and always on my mind. Thank you for loving me! Love always, **FIDGET**

Today 6°/4° Rain 90%
Friday 8°/6° Rain 80%
The Weather Network: You have voted us #1 for best forecasts on TV. Thank you Canada!
TWN incorporates MSC data

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Just because something is wrong for other people, does not mean it is wrong for you. Today's new moon will encourage you to be more adventurous in your thinking.

♉ Taurus April 21-May 21 Cosmic activity on and around the midheaven angle of your chart increases your chances of material success. Don't hold back. Your desires are valid and valuable. Embrace them.

♊ Gemini May 22-June 21 Your confidence is at a high, but other aspects warn you need to supplement that confidence with both subtlety and strength of character. To get what you desire, try giving others what they desire first.

♋ Cancer June 22-July 22 You've kept your head down lately, but you will be less fearful today about the path you are planning to take. Yes, of course, some people won't like it, but do they matter?

♌ Leo July 23-Aug.23 Don't just assume that people know what you are talking about. Make sure they get the message. Spell things out for them in plain and simple language, as you might for a child.

♍ Virgo Aug. 24- Sept. 22 As Mercury, your ruler, changes signs today so it might be wise to take a look at your working routine. Common sense tells you that you cannot possibly get everything done in one mad rush, so don't risk it.

♎ Libra Sept. 23-Oct. 23 Good news of one sort or another will come your way over the next 24 hours, but it's really not unexpected. The new moon in Aquarius means a new start is not only possible but hugely desirable.

♏ Scorpio Oct. 24-Nov. 22 Don't waste time giving a loved one advice. He or she won't listen. Just let him or her get on with it and be there to pick up the pieces when it goes wrong.

♐ Sagittarius Nov. 23-Dec. 21 You seem to be in a carefree mood at the moment and long may it continue. Social events and travel plans are under excellent stars today, so get out and about.

♑ Capricorn Dec. 22-Jan. 20 You must be honest in all your dealings today, especially those that involve money. You'll be rewarded you if you make sure everyone benefits.

♒ Aquarius Jan. 21-Feb. 18 Not only is there a new moon in your sign today but Mercury, planet of the mind, moves into your sign, too. That suggests you know exactly what you should be doing and exactly how it must be done.

♓ Pisces Feb. 19-March 20 If you look for reasons to work with others, rather than against them, you'll find that everything runs smoothly over the next 24 hours. Remember, too, that not everyone is perfect. SALLY BROMPTON

Caption contest

KHIN MAUNG WIN/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

JEFFERY PHELPS THE ASSOCIATED PRESS

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CITY: 15.3L/100KM • 18MPG△

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ON NOW AT YOUR BC GMC DEALERS. bcgmcdealers.ca | 1-800-GM-DRIVE. GMC is a brand of General Motors of Canada. */◆/††/#/△—Offers apply to the purchase of a 2011 GMC Sierra Ext 4WD SL (R7D) and 2011 GMC Sierra Crew 4WD SL (R7F) equipped as described. Freight included ($1,450). License, insurance, registration, PPSA, administration fees and taxes not included. Dealers are free to set individual prices. Offers valid to May 2, 2011. Limited time offers which may not be combined with other offers, and are subject to change without notice. Offers apply to qualified retail customers in the BC GMC Dealer Marketing Association area only. Dealer order (2011 MY only) or trade may be required. ◆$7,500 manufacturer-to-dealer delivery credit available on 2011 MY GMC Sierra Light Duty Extended and Crew Cab D/A Models 1SF, 1SB, 1SD (excludes hybrids) (tax exclusive) for retail customers only. Other cash credits available on most models. See your GM dealer for details. ††Variable rate financing for 84 months on 2011 Sierra Ext/2011 Sierra Crew on approve credit. Bi-Weekly payment and variable rate shown based on current TD Finance prime rate and is subject to fluctuation; actual payment amounts will vary with rate fluctuations. Example: $10,000 at 2.% for 84 months, the monthly payment is $132. Cost of borrowing will also vary depending on amount borrowed and down payment/trade. Bi-weekly payments based on a purchase price of $28,498/$29,998 with $4,149/$4,049 down on 2011 Sierra EXT/2011 Sierra Crew. Down payment and/or trade may be required. Monthly payments and cost of borrowing will also vary depending on amount borrowed and down payment/trade. Bi-weekly payments based on a purchase price of $28,498/$29,998 with $4,149/$4,049 down on 2011 Sierra EXT/2011 Sierra Crew. Down payment and/or trade may be required. ‡Based on Natural Resources Canada's 2010 Fuel Consumption Guide ratings. Your actual fuel consumption may vary. ★ To qualify for GMCL's Cash For Clunkers incentive, you must: (1) receive Government confirmation of vehicle eligibility under the Retire Your Ride program; (2) purchase or lease a new eligible 2010 or 2011 MY GMC vehicle delivered between January 4 and March 31, 2011. Incentive ranges from $750 to $2,000, depending on model purchased. Incentive may not be combined with certain other offers. By participating in the Cash For Clunkers program you will not be eligible for any trade-in value for your vehicle. See your participating GM dealer for additional program conditions and details. GMC may modify, extend or terminate program in whole or in part at any time without notice. #$1,000 credit available for all other eligible GM vehicles. The credit amount is inclusive of any applicable taxes. Offer is transferable to a family member living within the same household (proof of address required). This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Void where prohibited by law. See your GM dealer for details. GM reserves the right to amend or terminate offers for any reason in whole or in part at any time without prior notice. △Offer applies to new or demonstrator 2011 MY Sierra Light Duty Extended and Crew Cab D/A Models, 1SF, 1SB, 1SD (excludes hybrids) delivered between February 1 and May 2, 2011, at participating dealers in Canada. Dealer order or trade may be required. Offer available to retail customers only and consists of a pre-installed Chrome Accessories package (grille, 6" tubular assist steps, door handles and mirror caps) ("PDI Truck") valued up to $1,500 (tax exclusive) (Crew LS-1SB is eligible for $1,000 all other Crew models and Aveo will receive $300), to be used towards the purchase of genuine GM Accessories and Options. Installation not included. Alternatively, the $1,000 manufacturer-to-dealer Customize Your Ride Event credit (tax exclusive) ($300 for Chevrolet Cruze and Aveo) may be applied to the vehicle purchase price. This offer may not be combined with certain other consumer incentives available on GM vehicles. GMCL may modify extend or terminate this offer, in whole or in part, at any time without notice. Conditions and limitations apply. See your GM dealer for details. ‡‡U.S. Government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (NCAP). For more information on safety ratings, go to www.safercar.gov. ▼Based on Natural Resources Canada's 2010 Fuel Consumption Guide ratings. 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